# MILTON CHEER Activity Center JUNE 2022

Happy
Father's
Day



CRUISE INTO MILTON!
TUESDAY JUNE 7TH - 5 TO 7 PM
OLDIES MUSIC! FOOD FOR SALE!

8:00 Fitness Center Open
8:00 Breakfast Snack Café
8:30 Trip to And That!,
Home Goods, lunch at
Panera Bread!
10:00 Bridge Group
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:00 No Bible Study today
1:00 Pickleball Court Open!
Call Center for Info

8:00 Fitness Center Open
8:00 Breakfast Snack Café
9:30-11:30 Memory Café
10:45 Ken's Korner here
at Milton CHEER!!
10:45 Yoga w/Mary Ann \$
11:00 Kathleen Rupert Free Financial Counseling
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00-12:15 Lunch
1:00 Mahjong Play

8:00 Fitness Center Open
9:00 am Breakfast Café
10:00 am PRIZE BINGO!
10:00-12:00 LaRed Covid
Vaccine Clinic- appt required
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:30 Let's Play Cornhole!

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
8:15 am Dance Toning and
Core with Henri At Center &
Zoom \$
10:00 Membership Meeting

10:00 Membership Meeting
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
11:30 Movie Day!
1:00 Pickleball Court Open!
Call Center for Info

8:00 Fitness Center Open
8:00 Breakfast Snack Cafe
10:30 (ASL)SIGN LANGUAGE
10:45 Yoga with Mary Ann\$
11:00 - 12:00 Drive Thru Meals
11:00-12:15 Lunch
12:00 PRIZE BINGO!
1:00 Games with MaryAnn!
1:00 Drop in Knitting Class!!
5:00 CRUISE INTO MILTON!
MUSIC, FOOD, BRING YOUR
CAR!!

8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:00 Bridge Group
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:00 Bible Study Fr. Vern
1:00 Trip to Walgreens, Post
Office, Bank and Food Lion

8:00 Fitness Center Open 8:00 Breakfast Snack Café 9:30-11:30 Memory Café 10:45 Yoga w/Mary Ann \$ 11:00 Kathleen Rupert -Free Financial Counseling 11:00 - 12:00 Drive Thru Pick Up Meals Available 11:00-12:15 Lunch 12:30 Let's Play Cornhole! 8:00 Fitness Center Open
9:00 am Breakfast Café
10:00 Ask the Pharmacist!
Michelle from Walgreens
10:00 am PRIZE BINGO!
10:00-12:00 LaRed Covid
Vaccine Clinic- appt required
11:00 - 12:00 Drive Thru Pick Up
Meals Available
11:00 - 12:15 Lunch
12:30 Let's Play Cornhole!

## Mílton CHEER Activity Center JUNE 2022

| 13                             |
|--------------------------------|
| 8:00 Fitness Center Open       |
| 8:00 Breakfast Snack Café      |
| 8:15 Dance Toning and Core     |
| with Henri At Center & Zoom \$ |
| 8:30 Trip to Unfinished        |
| Business Thrift Store, Reho-   |
| both, lunch out                |
| 11:00 - 12:00 Drive Thru Meals |

11:00 - 12:00 Drive Thru Meals 11:00 - 12:15 Lunch 11:30 <u>Trivia!!</u>

1:00 Pickleball Court Open!
Call Center for info

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:30 (ASL) SIGN LANGUAGE
with Dr. Carol Pollio
10:45 Yoga with Mary Ann \$
11:00-12:15 Lunch
12:00 PRIZE BINGO!
1:00 Games with Mary Ann!

1:00 Drop in Knitting Class

#### 15

8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:00 Bridge Group
11:00 World Elder Abuse
Day, Lecture presented by
Attorney Shannon Owens
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:00 Bible Study w/Fr Vern
1:00 Pickleball Court Open!
Call Center for Info

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8:00 Fitness Center Open 8:00 Breakfast Snack Café 9:30-11:30 Memory Café 10:45 Yoga w/Mary Ann \$ 11:00 - 12:00 Drive Thru Pick Up Meals Available 11:00-12:15 Lunch 12:30 Let's Play Cornhole! 1:00 Mahjong Play

### 17 JUNETEENTH!! CELEBRATION

8:00 Fitness Center Open 9:00 am Breakfast Café 10:00 am PRIZE BINGO! 11:00 Juneteenth Speaker Araina Pettijohn followed by Entertainment - John Rivero 11:00 - 12:00 Drive Thru Pick Up Meals Available 11:00 - 12:15 Lunch

#### 20

Milton CHEER Center CLOSED TODAY IN OBSERVANCE OF



21

8:00 Fitness Center Open
8:00 Breakfast Snack Cafe
10:45 Yoga with Mary Ann \$
11:00 Lecture on COPD with
Richard Strout MSN, RN
11:00-12:15 Lunch
12:00 PRIZE BINGO!
1:00 Games with Mary Ann!
1:00 Drop in Knitting Class

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:00 Bridge Group
8:15 Trip to Greenwood
CHEER to see Magician
Glenn Kohr
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:00 No Bible Study today
1:00 Pickleball Court Open!
Call Center for Info

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8:00 Fitness Center Open 8:00 Breakfast Snack Café 9:30-11:30 Memory Café 10:45 Yoga w/Mary Ann \$ 11:00 - 12:00 Drive Thru Pick Up Meals Available 11:00-12:15 Lunch 12:00 Let's Play Cornhole! 24

8:00 Fitness Center Open
9:00 am Breakfast Café
10:00 am PRIZE BINGO!
10:00-12:00 LaRed Covid
Vaccine Clinic- appt required
11:00 - 12:00 Drive Thru Pick
Up Meals Available
11:00 - 12:15 Lunch
12:00 Let's Play Cornhole!

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
8:15 Dance Toning and Core
with Henri At Center & Zoom \$
8:30 Trip to Beebe's Treasure
Chest Thrift Store, Rehoboth,
Lunch out

11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
11:30 <u>Trivia!!</u>
1:00 <u>Pickleball Court Open!</u>
Call Center for info!

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:30 (ASL) SIGN LANGUAGE
with Dr. Carol Pollio
10:45 Yoga with Mary Ann \$
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00-12:15 Lunch
1:00 Games with Mary Ann!
4:00 Evening Dinner/Bingo!!
Dinner only \$5

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8:00 Fitness Center Open
8:00 Breakfast Snack Café
10:00 Bridge Group
11:00 - 12:00 Drive Thru
Pick Up Meals Available
11:00 - 12:15 Lunch
12:00 Bible Study /Fr Vern
1:00 Trip to Walgreens, Post
Office, Bank and
Food Lion

30

8:00 Fitness Center Open 8:00 Breakfast Snack Café 9:30-11:30 Memory Café 10:45 Yoga w/Mary Ann \$ 11:00 - 12:00 Drive Thru Pick Up Meals Available 11:00-12:15 Lunch 12:00 Let's Play Cornhole! MILTON CHEER CENTER 24855 BROADKILL RD MILTON DE Tel: (302) 684-4819 Check out our FB Page!

