



June



Monday

Tuesday

Wednesday

Thursday

Friday



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Services for Aging and Adults with Physical Disabilities

"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."

1
Meatballs w/Gravy
Garlic Mashed Potatoes
Steamed Capri Vegetables Blend
Whole Wheat Roll/Bread
Blueberry Crisp
Skim Milk

2
Fajita Marinated Chicken
Fiesta Corn
Charro Beans
Flour Tortilla
Cinnamon Pears
Skim Milk

3
Seafood Salad
Tuscany Tomato Bisque
Dutch Potato Salad
Whole Wheat Roll/Bread
Fresh Banana
Skim Milk

6
Broccoli Cheese Soup
Chicken Salad Sandwich
24 Hour Salad
Cherry Top Angel Food Cake
Skim Milk

7
Salisbury Steak w/Brown Gravy
Potatoes O'Brien
California Vegetables
Whole Wheat Roll/Bread
Banana Cream Pudding
Skim Milk

8
Baked Ziti and Meat Sauce
Italian Vegetables
Whole Wheat Roll/Bread
Poached Pears
Skim Milk

9
Baked Liver and Onions
Baked Mashed Potatoes
Diced Tomatoes
Whole Wheat Roll/Bread
Chilled Peaches
Skim Milk

10
Chicken Cordon Bleu
Parslied Bowties
Seasoned Peas
Whole Wheat Roll/Bread
Cinnamon Apples
Skim Milk

13
Mushroom Chopped Steak
Potatoes O'Brien
Baby Carrots
Whole Wheat Roll/Bread
Spiced Peaches
Skim Milk

14
Apple Butter Pork Loin
Baked Sweet Potato Half
Brussels Sprouts
Whole Wheat Roll/Bread
Cherry Cobbler
Skim Milk

15
Chicken w/Curry Dill Sauce
Sour Cream Mashed Potatoes
Steamed Broccoli
Whole Wheat Roll/Bread
Baked Apples
Skim Milk

16
Lasagna
Sautéed Zucchini
Whole Wheat Roll/Bread
Pineapple
Skim Milk

17
Tuna Salad Plate
Macaroni Salad
Tomato Wedges
Whole Wheat Roll/Bread
Baked Peach Slices
Skim Milk

20
CHEER Closed for Juneteenth Freedom Day



21
Pork Chop Scallopini
Garlic Mashed Potatoes
Collard Greens
Whole Wheat Roll/Bread
Bread Pudding
Skim Milk

22
Honey Lemon Chicken
Baked Potato w/Sour Cream
Crumb Top Brussels Sprouts
Cinnamon Applesauce
Whole Wheat Roll/Bread
Skim Milk

23
Chili Con Carne
Tossed Salad w/Dressing of Choice
Cornbread
Poached Pears
Skim Milk

24
Fish Tacos
Fiesta Rice
Black Beans
Ice Cream
Skim Milk

27
Hot Dog w/Chili
Tater Tots
Cole Slaw
Boston Cream Pie
Skim Milk

28
Chicken Dijon
Continental Potatoes
Steamed Broccoli
Whole Wheat Roll/Bread
Cheesecake
Skim Milk

29
Stuffed Pork Loin
Sweet Potatoes
Seasoned Beans
Whole Wheat Roll/Bread
Baked Apples A La Mode
Skim Milk

30
Chicken Jambalaya
Tossed Salad w/Dressing of Choice
Whole Wheat Roll/Bread
Crushed Pineapple
Skim Milk

