





SEPTEMBER



Monday		Tuesday		Wednesday		Thursday		Friday	
 <p>DELAWARE HEALTH AND SOCIAL SERVICES Division of Services for Aging and Adults with Physical Disabilities</p> <p><i>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</i></p>				<p>1 Non-Fat Milk Chef Salad w/Crackers, Assorted Dressings, Ham, Turkey, Cheese Tomato & Egg Wedges Pickle Spear, Shredded Carrots Peaches</p>		<p>2 Non-Fat Milk Oven Fried Pollack Macaroni & Cheese Stewed Tomatoes Corn Bread w/Margarine Orange</p>		<p>3 Trap Pond Fall Festival 10 a.m. to 2 p.m. Trap Pond State Park</p>	
<p>6  Labor Day All CHEER Centers are Closed!</p>		<p>7 Non-Fat Milk Italian Spaghetti w/Meat Sauce Tossed Salad w/Assorted Dressings Italian Bread w/Margarine Fruit Cocktail</p>		<p>8 Non-Fat Milk Chicken Salad on Lettuce Bed Sliced Tomatoes Pasta Salad Spring Blend Vegetables Crackers Peach Crisp</p>		<p>9 Non-Fat Milk Roast Pork Red Skin Mashed Potatoes Broccoli Dinner Roll w/Margarine Orange Sherbet</p>		<p>10 Non-Fat Milk BBQ Chicken Potato Salad Spinach WW Bread w/Margarine Banana</p>	
<p>13 Non-Fat Milk Vegetable Soup w/Crackers Tuna Salad Sandwich on Ciabatta Bread Lettuce & Tomatoes Pickled Beets Fresh Fruit</p>		<p>14 Non-Fat Milk BBQ Pork on Bun Tossed Salad w/Assorted Dressings French-Style Green Beans Pear Halves</p>		<p>15 Non-Fat Milk Cold Cut Sub w/Ham, Salami, Cheese Lettuce & Tomato Cole Slaw Fresh Orange</p>		<p>16 Non-Fat Milk Roasted Chicken w/Gravy Sweet Potato Wedges Broccoli & Cauliflower Blend Bread w/Margarine Vanilla Ice Cream</p>		<p>17 Non-Fat Milk Baked Fish w/Tartar Sauce Macaroni & Cheese Stewed Tomatoes Corn Bread w/Margarine Apricots</p>	
<p>20 Non-Fat Milk Cheeseburger on Bun w/Lettuce, Sliced Onion Baked Beans Sliced Tomatoes Pineapple Tidbits</p>		<p>21 Non-Fat Milk Beef Barley Soup Seafood Salad on Lettuce Bed Tomato & Egg Wedges Spinach Salad w/Crackers Fresh Fruit</p>		<p>22 Non-Fat Milk Hot Open-Face Turkey Sandwich w/Gravy Mashed Potatoes San Francisco Vegetable Blend Cranberry Sauce Fruit Cocktail</p>		<p>23 Non-Fat Milk Baked Chicken w/Gravy Sweet Potato Half French-Style Green Beans Dinner Roll w/Margarine Ice Cream</p>		<p>24 Non-Fat Milk Baked Ham w/Sauce Pasta Salad Herbed Broccoli Biscuit w/Margarine Peaches</p>	
<p>27 Non-Fat Milk Hot Dog on Bun Baked Beans Cole Slaw Fresh Fruit</p>		<p>28 Non-Fat Milk Oven-Fried Chicken Leg Quarters Potato Salad Garden Trio Vegetables Dinner Roll w/Margarine Fresh Orange</p>		<p>29 Non-Fat Milk Oven-Baked Fish w/Tartar Sauce Macaroni Salad Broccoli/Cauliflower Blend Granola Bar</p>		<p>30 Non-Fat Milk Vegetable Beef Soup Chicken Salad on Ciabatta Bread Lettuce & Tomatoes Crackers Fruit Cocktail</p>		