



Caregiver Support Groups/Memory Cafe

Georgetown CHEER

Caregiver Support Group -

1st Tuesday of the month, 9:30 a.m.

Partnered with the Alzheimer's Association

Memory Cafe -

Every Tuesday, 9:30-11:30 a.m.

Greenwood CHEER

Caregiver Support Group -

1st Thursday of the month, 1 p.m.

Partnered with the Alzheimer's Association

Memory Cafe -

Every Thursday, 1-3 p.m.

Lewes Harbour Lights CHEER

Memory Cafe -

Every Monday, 9:30-11:30 a.m.

Long Neck CHEER

Caregiver Support Group -

1st Tuesday of the month, 1 p.m.

Partnered with the Alzheimer's Association

Memory Cafe -

Every Tuesday, 1-3 p.m.

Milton CHEER

Memory Cafe -

Every Thursday, 9:30-11:30 a.m.

Ocean View CHEER

Caregiver Support Groups -

1st Thursday of the month, 6 p.m.

Partnered with the Alzheimer's Association

3rd Wednesday of the month, 3 p.m.

Partnered with the Parkinson's Education and Support Group of Sussex County

Memory Cafe -

Every Friday - 9:30-11:30 a.m.

Roxana CHEER

Memory Cafe -

Every Monday, 1-3 p.m.

**One-on-One
Support Group
available by calling
Christie Shirey
302-515-3045**

**SAVVY Caregiver
Course
offered
throughout the year.**

**Coming Soon ... Program for
Grandparents Raising
Grandchildren
Call Christie Shirey
302-515-3045**

Caregiver Support Groups

are available for caregivers who provide daily care for a loved one. You are not alone.

Support Groups help you learn from others' experiences as they learn from yours.

Caregiver Libraries

are located in CHEER Centers throughout Sussex County.

The libraries offer informative and helpful training videos, comprehensive resource directories, books, pamphlets and informational resource materials on caregiving. Knowledgeable staff are available to assist you with your informational needs.

You can also make an appointment to meet with a Caregiver Coordinator at a CHEER location convenient for you for a Resource Consultation.

CHEER is here to help!

Caregiver Libraries

CHEER Community Center
20520 Sand Hill Road, Georgetown, DE

**Harbour Lights
CHEER Activity Center**
34211 Woods Edge Drive, Lewes, DE

**Coastal Leisure
CHEER Activity Center**
30637 Cedar Neck Road
Ocean View, DE

**Pelican Cove
CHEER Activity Center**
26089 Shoppes at Long Neck
Millsboro, DE

Milton CHEER Activity Center
24855 Broadkill Road, Milton, DE

For more information about CHEER's Caregiving Resource or support groups, contact Christie Shirey at **302-515-3045** or email **cshirey@cheerde.com**

***CHEER has been
Sussex County's leader
in services for adults
age 50+ since 1971.***



*Caregiver Resource Center is funded by
Division of Services for the Aging
and Adults with Physical Disabilities.*



CAREGIVER RESOURCE



Are you caring for
a loved one?

CHEER can help!