



Roxana CHEER Center
34314 Pyle Center Rd
Frankford, Delaware






Mon	Tue	Wed	Thu	Fri
<p>1 9:30 Morning Chat; Socialize <i>10:15 Trip to Bank, Drug store, Post office</i> 11:30 Lunch 12:30 Jenga; puzzles</p>	<p>2 9:00 Morning Chat; Socialize <i>10:00-Trip to Walmart</i> 11:30 Lunch <i>12:30 Fall twine bottles</i> 1:00 Card games</p>	<p>3 9:00 Morning Chat; Socialize <i>10:00– 11:15 Trip to Roses & Goodwill</i> 11:30 Lunch; Notes on the Beach Perform 12:00 Bible Study</p>	<p>4 Bylers in Dover w/ Bag Lunch</p>	<p>5 American Football day Wear favorite football team 9:00 -Morning Chat ; Socialize; <i>9:30-11:30 Memory Cafe</i> 11:30 - Lunch <i>12:30 - Full Card Bingo</i></p>
<p>8 9:30 Breakfast ; Morning Chat; Socialize <i>10:30 Sit & Fit Exercise</i> 11:30 Lunch 12:30 Turkey Matching</p>	<p>9 RX Visits Greenwood Center</p>	<p>10 9:00 Morning Chat; Socialize <i>10:00– Categories</i> 11:30 Lunch; Officer Briggs Presentation 12:00 Bible Study</p>	<p>11 Veterans Day Dover Mall w/ Bag Lunch</p>	<p>12 9:00 -Morning Chat ; Socialize; <i>9:30-11:30 Memory Cafe</i> 11:30 - Lunch <i>12:30 - Full Card Bingo</i></p>



Roxana CHEER Center
34314 Pyle Center Rd
Frankford, Delaware



Mon	Tue	Wed	Thu	Fri
<p>15 Odd Sock Day Wear odd socks 9:30 Morning Chat; Socialize 10:30 Nature Walk; Scavenger Hunt 11:30 Lunch 12:30 Guess Who?</p>	<p>16 11:00 Morning Chat; Socialize 11:30 Lunch 12:00 Arts & Crafts, Knitting, Painting w/ Marie “Give Thanks Event; Positive Music Time” 2pm - 4pm</p>	<p>17 9:00 Morning Chat; Socialize 10:00 Thanksgiving Look & Find 11:30 Lunch; Susan Godzuk ; RN Presentation on Alzheimer's & Diabetes 12:00 Bible Study</p>	<p>18 Burlington & Olive Garden (Dover)</p>	<p>19 Birthday Celebration  HAPPY BIRTHDAY 9:00 Morning Chat, Socialize 9:30-11:30 Memory Cafe 11:30 - Lunch 12:30 - Full Card Bingo</p>
<p>22 9:30 Morning Chat; Socialize 10:30 Sit & Fit Exercise 11:30 Lunch 12:00 Shopping</p>	<p>23 Center Closed for CHEER's Holiday Feast. Traditional Thanksgiving turkey dinner. \$6 for 60+ \$8 for all others. See Sharice for tickets. Transportation is available. Seating is limited.</p>	<p>24 9:00 Morning Chat; Socialize 10:00 Bingo 11:30 Lunch 12:30 Ice Cream Social</p> 	<p>25 Center Closed for Thanksgiving Holiday</p> 	<p>26</p>
<p>29 9:30 Morning Chat; Socialize 10:30 Trivia 11:30 Lunch 12:30 America Says</p>	<p>30 9:00 Morning Chat; Socialize 10:00: Nutrition Presentation w/ Amy Smith 11:30 Lunch 12:00 Arts & Crafts, Knitting, Painting w/ Marie Trip to Good Will & Roses</p>	