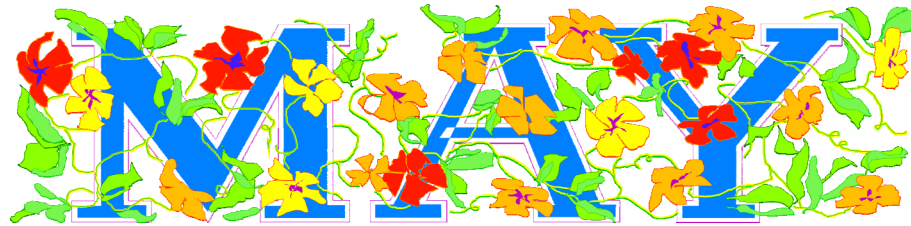




"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 1% Milk Lima Bean Soup Grilled Chicken Caesar Salad w/Lite Caesar Dressing, Cherry Tomatoes, Parmesan, Croutons Dinner Roll w/Margarine Fruit Cocktail	<b>4</b> 1% Milk Salisbury Steak w/Gravy Baked Potato Broccoli WW Bread w/Margarine Fresh Fruit	<b>Cinco De Mayo</b> 1% Milk Carné Asada Black Beans Rice Tossed Salad w/Dressing Apple-filled Churro	<b>6</b> 1% Milk Oven Fried Chicken French Fries Buttered Carrots WW Bread w/Margarine Pears	<b>7</b> 1% Milk Cold Cut Sub w/Turkey, Cheese, Lettuce, Tomato, Onion Cole Slaw Baked Potato Chips Pineapple Tidbits
<b>10</b> 1% Milk Oven Fried Fish Macaroni and Cheese Stewed Tomatoes Cornbread w/Margarine Orange	<b>11</b> 1% Milk Chef Salad w/Crackers, Assorted Dressings, Ham, Turkey, Cheese, Tomato and Egg Wedges Pickle Spear, Shr. Carrots Peaches	<b>12</b> 1% Milk Baked Chicken w/Gravy Buttered Noodles Seasoned Greens WW Bread w/Margarine Applesauce Cake/Applesauce	<b>13</b> 1% Milk Hamburger Steak w/Gravy and Onions Mashed Potatoes Green Beans Dinner Roll w/Margarine Yogurt and Blueberry Parfait	<b>15</b> 1% Milk Navy Bean Soup Egg Salad Sandwich on Rye w/Lettuce and Tomato (Turkey Sandwich Diets) Baby Carrots Pear Halves
<b>17</b> 1% Milk BBQ Pulled Pork on a Bun Tossed Salad w/Dressing Vegetable Blend Fresh Fruit	<b>18</b> 1% Milk Roast Beef w/Gravy Parsley Potatoes Spring Vegetables Dinner Roll w/Margarine Granola Bar/Orange	<b>19</b> 1% Milk Vegetable Soup Tuna Salad on Rye, Lettuce & Tomato Pickled Beets Banana	<b>20</b> 1% Milk Roasted Chicken w/Gravy Sweet Potato Broccoli and Cauliflower Blend WW Bread w/Margarine Vanilla Ice Cream/Diet Ice Cream	<b>21</b> 1% Milk Breaded Fish Cake Succotash Tossed Salad w/Lite Dressing WW Dinner Roll w/Margarine Fruit Crisp
<b>24</b> 1% Milk Creamy Chicken Salad on Lettuce Bed w/Sliced Tomato 3-Bean Salad Crackers Ambrosia	<b>25</b> 1% Milk Roast Pork w/Gravy Red Skin Mashed Potatoes Broccoli WW Dinner Roll w/Margarine Choc. Pudding/Diet Choc. Pudding	<b>26</b> 1% Milk Spaghetti w/Italian Meat Sauce Tossed Salad w/Dressing Green Beans Italian Bread w/Margarine Fruit Cocktail	<b>27</b> 1% Milk BBQ Chicken Mashed Sweet Potatoes Sautéed Spinach WW Bread w/Margarine Peach Crisp	<b>28</b> 1% Milk Cheeseburger on a Bun w/Lettuce, Tomato, Onion French Fries Vegetable Blend Pineapple Tidbits
<b>31</b>  <b>Memorial Day.</b> <b>All CHEER Centers Closed.</b>	<p><b>Due to circumstances with the CoronaVirus pandemic, the menu is subject to change.</b></p> <p>Menu subject to change due to food availability. All menus meet 1/3 Recommended Dietary Reference Intake and are Heart Healthy; under 1 gram of Sodium per serving. Please let your kitchen manager know if you have any allergies.</p>			