

# CHEER JULY VIRTUAL CALENDAR

(Calendar subject to change without notice.)  
Members need to call hosting center 24 hours in advance to register.

| <u>Program</u>                   | <u>Day</u>                           | <u>Time</u>                      | <u>Hosting Center</u>   |
|----------------------------------|--------------------------------------|----------------------------------|---|
| <b>Ken's Korner</b>              | Thurs. July 1                        | 11 a.m.                          | CHEER Live Café   |
| <b>Cathy Gorman</b>              | Wed. July 7                          | 11 a.m.                          |   |
| <b>Bingo</b>                     | Ev. Mon. - Fri.                      | 10 a.m.<br>11 a.m.<br>1 p.m.     | Adult Day Ctr. 302-854-2882<br>Adult Day Ctr. 302-854-2882<br>Adult Day Ctr. 302-854-2882 |
| <b>Yoga</b>                      | Ev. Mon.<br>Ev. Mon. & Wed.          | 9 a.m.<br>10:30 a.m.             | Ocean View 302-539-2671<br>Milton 302-684-4819  |
| <b>Bible Study</b>               | Ev. Mon.<br>Ev. Wed.<br>Thurs.       | 10 a.m.<br>11 a.m.<br>11:30 a.m. | Greenwood 302-349-5237<br>Milton 302-684-4819<br>Roxana 302-732-3662                      |
| <b>Trivia Music &amp; Movies</b> | Ev. Mon.                             | 2 p.m.                           | Greenwood 302-349-5237  |
| <b>Membership Meeting</b>        | Mon.                                 | 11 a.m.                          | Roxana 302-732-3662   |
| <b>Chair Yoga</b>                | Ev. Tues.<br>Ev. Tues.<br>Ev. Thurs. | 1 p.m.<br>1 p.m.<br>1 p.m.       | Ocean View 302-539-2671<br>Long Neck 302-945-3551<br>Greenwood 302-349-5237               |
| <b>Lenovo Tablet Class</b>       | Ev. Tues.                            | 11 a.m.                          | Milton 302-684-4819   |
| <b>Virtual Tech Hour</b>         | Ev. Tues.                            | 1 p.m.                           | Lewes 302-645-9239  |
| <b>Movie Trivia</b>              | Ev. Tues.                            | 11 a.m.                          | Milton 302-684-4819   |
| <b>Meditation</b>                | Ev. Tues.                            | 1 p.m.                           | Roxana 302-732-3662   |
| <b>Texercise</b>                 | Ev. Tues., Wed., Fri.                | 10 a.m.                          | Long Neck 302-645-3551  |
| <b>Zumba</b>                     | Ev. Mon.-Fri<br>Ev. Tues & Thurs.    | 8 a.m.<br>9 a.m.                 | Milton 302-684-4819<br>Long Neck 302-945-3551   |
| <b>Catching Up With Crissy</b>   | Ev. Wed.                             | 9 a.m.                           | Lewes 302-645-9239  |
| <b>Painting With Marina</b>      | Ev. Wed.                             | 10 a.m.                          | Ocean View 302-539-2671   |
| <b>That Was The Year Trivia</b>  | Ev. Wed.                             | 11 a.m.                          | Greenwood 302-349-5237  |
| <b>Virtual Trip</b>              | Ev. Wed.                             | 1:30 p.m.                        | Lewes 302-645-9239  |
| <b>Alzheimer's Support Group</b> | Ev. Wed.                             | 10 a.m.-2 p.m.                   | ZOOM  |
| <b>Virtual Travel Tour</b>       | Ev. Thurs.                           | 12:30 p.m.                       | Milton 302-684-4819   |
| <b>Book Club</b>                 | Ev. Thurs.                           | 12 p.m.                          | Lewes 302-645-9239  |
| <b>Morning Chat</b>              | Ev. Fri.                             | 10 a.m.                          | Greenwood 302-349-5237  |