








SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
MON - 2	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
	LABOR DAY	LABOR DAY	LABOR DAY	LABOR DAY	LABOR DAY	LABOR DAY	LABOR DAY
							
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
TUES - 3	Roxana CHEER Center visits	Milton CHEER Center visits	9:00 - Light Breakfast	8:00 - Texercise	Milton CHEER Center visits	9:00 - Pickleball	Roxana CHEER Center visits
	Georgetown CHEER Center	Greenwood CHEER Center	9:30 - Puzzle Corner	9:00 - Zumba	Greenwood CHEER Center	9:00 - DVD Art	Georgetown CHEER Center
	9:30 - Memory Café	9:00 - Breakfast Snacks	12:30 - Bingo	10:00 - Free Healthy Living Workshop	11:00 - Swim at Sussex Academy	10:00 - Marie's Painting Class	
	9:30 - Swim @Sussex Academy	12:15 - Shopping Trip	4:00 - Dominoes & Cribbage	1:00 - Memory Café	5:00 - Dinner & Bingo	12:45 - Chair Yoga	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
WED - 4	9:30 - Morning Chat	9:00 - Hot Breakfast	9:00 - Morning Chat	8:00 - Texercise	8:15 - Zumba	9:00 - Tai Chi	9:30 - Trip to Byler's Market
	9:30 - Socializing	9:30 - "Walk Away the Pounds "	9:30 - Bowling League	10:30 - Penny Bingo	10:00 - Bridge Club	10:00 - Bingo	in Harrington
	10:00 - Shopping in Seaford	10:30 - Wanda's Corner	10:30 - Tech Hour w/Crissy	1:00 - Bunco	10:00 - Bible Study	10:00 - Tech Assist w/Marsha	
		12:15 - Milford Bowling Lanes	12:00 - Brain Teasers	1:00 - Bank, PO, & Drug Store	11:00 - Swim at Sussex Academy	12:30 - Poker	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
THURS - 5	10:00 - Exercise at CCC	9:00 - Breakfast Snacks	9:00 - Light Breakfast	8:00 - Texercise	9:00 - Strength & Toning	8:00 - Pickleball	9:30 - Morning Chat
	12:30 - Prize Bingo	10:00 - Cell Phone 101 & Computer w/Chris	9:30 - Skip Bo	9:00 - Zumba	9:30 - Memory Café	9:00 - La Red Health Services	9:30 - Breakfast
	1:00 - Dollar Tree	1:00 - Memory Café	12:30 - Bingo	10:15 - Wii Bowling	10:00 - Stand by Me w/Kathleen Rupert	12:30 - Woodcarvers Club	10:00 - Kens Corner
	1:00 - Trip to Walmart	1:00 - Alzheimer's Caregivers Support Grp.	3:00 - LOUDCrowd	1:00 - Nickel Poker	2:00 - Ukulele Group Lessons	2:30 - Parkinson's Exercise	12:30 - Dollar Tree
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
FRI - 6	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL
	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.	10:00 a.m. - 2:00 p.m.
	Tickets available at the gate	Tickets available at the gate	Tickets available at the gate	Tickets available at the gate	Tickets available at the gate	Tickets available at the gate	Tickets available at the gate
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
MON - 9	10:30 - Bible Study	9:00 - Blood Pressure Screening	9:00 - Morning Chat	8:30 - Weight Watchers Weigh Ins #1	8:15 - Zumba Toning	9:00 - Beginner's Pickleball	10:00 - Trip to Selbyville
	11:00 - Posters & Cards for Local Law Enforcement	10:30 - Bible Study	9:00 - Fifty Cups w/Crissy	9:00 - La Red Health Services	9:30 - Breakfast Snacks	10:00 - Tech Assist w/Marsha	11:00 - Posters & Cards for Local Law Enforcement
	1:00 - Trip to Bank, PO & Drug Store	12:30 - Jackpot Game	1:30 - Wii Games	5:30 - Dinner Club trip	10:00 - Membership Meeting	12:15 - Membership Meeting	1:00 - Trip to Bank, PO Drug Store
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
TUES - 10	9:30 - Memory Café	9:00 - Morning Chat	9:00 - Light Breakfast	9:00 - Zumba	8:00 - Zumba Sentao	9:00 - Pickleball	9:30 - Trip to CCC for Patriots Exhibit
	9:30 - Swim @ Sussex Academy	9:00 - Breakfast Snacks	10:00 - Center Celebration	10:00 - Healthy Living Workshop	9:00 - Strength & Toning	9:30 - Hand & Foot Cards	1:00 - Food Lion & Produce Market
	9:30 - Trip to CCC for Patriots Exhibit	10:00 - Walking Club	10:30 - Entertainment: Imagine	10:15 - Tai Chi	9:30 - Trip to CCC for Patriots Exhibit	10:00 - Marie's Painting Class	
	1:00 - Trip to Food Lion		12:30 - Bingo	1:00 - Memory Café	7:00 - Prime Hook "Bees"	2:00 - Movie "Green Book"	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
WED - 11	10:00 - Trip to Fort miles	9:00 - Hot Breakfast	9:30 - Bowling League	8:00 - Texercise	8:15 - Zumba	9:00 - Tai Chi	9:00 - Morning Chat
	Lunch in Lewes	9:30 - "Walk Away the Pounds "	10:30 - Tech Hour w/Crissy	10:30 - Prize Bingo	9:30 - Breakfast Snacks	10:00 - Bingo	9:30 - Walmart
		10:30 - Positive Music Time w/Randy	12:30 - Brain Teasers	12:45 - Membership Meeting	10:00 - Bridge Club	12:30 - Poker, Tablet, & Knitting Clubs	12:30 - Trivia
		12:30 - "Luncheon Card Club"	12:30 - Meditation w/Crissy	1:00 - Bunco	11:00 - Swim at Sussex Academy	2:00 - Computers w/Pepe	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
THURS - 12	10:00 - Exercise at CCC	9:00 - Breakfast Snacks	9:00 - Light Breakfast	8:00 - Texercise	9:00 - Strength & Toning	8:00 - Pickleball	9:30 - Morning Chat
	12:00 - Lunch with Georgetown PD	12:30 - Food Lion Shopping	9:30 - Bank, PO, & Drug Store	9:00 - Zumba	9:30 - Memory Café	9:00 - La Red Health Services	10:00 - Prize Bingo
	12:30 - Prize Bingo	1:00 - Memory Café	3:00 - LOUDCrowd	10:15 - Tai Chi	10:45 - "Fair Housing Initiative" Seminar	10:15 - Cahir Yoga	12:00 - Lunch with Selbyville
	1:00 - Trip to Walmart	5:00 - Membership Dinner w/Jones Boys	5:00 - Membership Renewal Dinner	12:30 - Bible Study w/Ruth	2:00 - Ukulele Group Lesson	2:30 - Parkinson's Exercise	Police Department
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
FRI - 13	Georgetown CHEER Center visits	9:00 - Hot Breakfast	9:00 - Fifty Cups w/Crissy	Georgetown CHEER Center visits	8:15 - Zumba	9:00 - Yoga	9:30 - Morning Chat
	Long Neck CHEER Center	10:30 - "Fall Prevention" w/Hanna Gross RN	9:30 - Memory Café	Long Neck CHEER Center	9:15 - Breakfast Café	10:30 - Zumba Gold	10:00 - Shopping at Local Thrift Stores
	9:30 - Morning Chat & Socialize	12:30 - "Life Smatters" w/Robin Miller	9:30 - Stand by Me	10:30 - Penny Bingo	11:30 - Senior Center Celebration	10:30 - Drop in Mahjongg	1:00 - Trip to Dollar Tree
	1:00 - Dollar Tree	from the Greenwood Library	12:30 - Mahjongg	1:00 - Parkinson Dance	Entertainment: Johnny Vagabond	12:30 - Poker	
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MON - 16	10:30 - Bible Study	9:00 - Morning Chat	9:00 - Fifty Cups w/Crissy	8:30 - Weight Watchers Weigh-Ins #1	8:15 - Zumba	9:00 - Yoga	9:00 - Morning Chat
	12:30 - Games	9:00 - Breakfast Snacks	10:00 - Skip Bo	9:00 - La Red Health Services	9:30 - Breakfast Snacks	12:30 - Bridge Club	10:30 - Bible Study
	1:00 - Trip to Bank, PO & Drug Store	10:30 - Bible Study	10:00 - Bingo	1:00 - Prize Bingo	11:45 - Tai Chi	12:30 - Tablet Class	12:30 - Games
		12:30 - Jackpot Game	1:30 - Wii Games	2:30 - UpWords		1:00 - Stand by Me Financial Coaching	1:00 - Bank, PO, & Drug Store
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
TUES - 17	9:30 - Memory Café	9:00 - Breakfast Snacks	9:00 - Light Breakfast	8:00 - Texercise	8:00 - Zumba	9:00 - Pickleball	9:30 - Memory Café
	11:00 - Swim @ Sussex Academy	9:00 - Hospice Support Grp. (Men Only)	9:30 - Dover Mall & Produce Junction	9:30 - Trip to Harris Teeter	9:00 - Strength & Toning	9:00 - DVD Art	12:30 - Wii
	12:30 - Games	10:30 - Eye, Hearing and Dental	10:00 - Skip Bo	10:00 - Healthy Living Workshop	11:00 - Swim @ Sussex Academy	10:00 - Marie's Painting Class	1:00 - Food Lion & Produce Market
	1:00 - Trip to Food Lion	Presented By: Nemours Health Clinic	1:00 - AARP Defensive Driving Class	1:00 - Memory Café	5:00 - Membership Renewal Dinner	5:00 - Dinner & Fair Trade Presentation	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
WED - 18	9:30 - Morning Chat & Socialize	9:00 - Hot Breakfast	9:30 - Bowling League	8:00 - Texercise	8:15 - Zumba	9:00 - Tai Chi	9:00 - Morning Chat
	10:00 - Trip to Rehoboth Beach	9:30 - "Walk Away the Pounds"	9:30 - Puzzle Corner	10:30 - Prize Bingo	10:00 - Bridge Club	10:30 - Digital Photo	9:30 - Trip to Rehoboth Beach
	Outlets & Boardwalk	10:30 - 1st State Community Action Seminar	10:30 - Kings in a Corner	5:00 - Membership Renewal Dinner	11:00 - New Member Meet & Greet	12:30 - Tablet Class	w/Bagged Lunch
	12:30 - AARP Defensive Driving Class	12:15 - Trip to Milford Bowling Lanes	12:30 - Meditation w/Crissy	With Entertainment and 50/50 Drawing	10:00 - AARP DD Class (Refresher)	3:00 - Parkinson's Support Group	5:00 - Membership Renewal Dinner
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THURS - 19	Georgetown CHEER Center visits	Georgetown CHEER Center visits	9:00 - Open Computer Lab	8:00 - Texercise	9:30 - Memory Café	9:00 - La Red Health Services	9:00 - Morning Chat
	Greenwood CHEER Center	Greenwood CHEER Center	9:30 - Trip to Bank, PO & Drug Store	9:00 - Zumba	11:00 - Crisis Intervention Seminar	10:15 - Chair Yoga	9:30 - Breakfast
	5:00 - Membership Renewal Dinner	10:30 - Prize Bingo	12:30 - Hand & Foot	9:30 - Trip to Dover Mall	12:30 - Penny Bingo & Ice Cream Social	1:00 - Line Dancing	
		1:00 - Memory Café	3:00 - LOUDCrowd	1:00 - Blind Sight DE Meeting	2:00 - Ukulele Lesson	2:30 - Parkinson's Exercise	12:30 - Trivia
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FRI - 20	BREAKFAST	8:30 - Hot Breakfast	9:00 - Morning Chat	Puzzles & Crazy Hat Friday	8:15 - Zumba	9:00 - Yoga	Breakfast
	11:00 - Ask Randy the Pharmacist	9:30 - OWL Program "Older & Wiser Living )	9:00 - Fifty Cups w/Crissy	9:00 - Quilting Club	9:15 - Breakfast Café	10:30 - Drop in Mahjongg	9:00 - Morning Chat
	12:30 - Crafts	12:00 - Paint Day w/Judy	9:30 - Memory Café	9:00 - Yoga	10:15 - Prize Bingo	10:30 - Zumba Gold	12:30 - Crafts
	1:00 - Dollar Tree & Bake Sale	12:15 - Penny Bingo	1:30 - Card & Board Games	1:00 - Parkinson Dance Class		Saturday September 1, 2019	1:00 - Dollar Tree
						Pickle Dink Tournament w/Picnic	Bake Sale
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MON - 23	10:30 - Bible Study	9:00 - Breakfast Snacks	9:00 - Morning Chat	8:30 - Weight Watchers Weigh Ins #1	8:00 - Trip to Salisbury Zoo w/Bagged Lunch	9:00 - Beginner's Pickleball	9:30 - Morning Chat & Socialize
	12:30 - Games	9:30 - Card Games	9:00 - Fifty Cups w/Crissy	9:00 - La Red Health Services	8:15 - Zumba	11:45 - LnL- Falls & Prevention	10:30 - Bible Study
	1:00 - Trip to Bank, PO & Drug Store	10:30 - Bible Study	9:30 - Mystery Trip	1:00 - Prize Bingo	9:30 - Breakfast Snacks	12:30 - Bridge Club	12:30 - Games
		12:30 - Jackpot Game	12:30 - Bingo	1:30 - Table Tennis	10:00 - Tai Chi	12:30 - Tablet Class	1:00 - Bank, PO, & Drug Store
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
TUE - 24	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
	for	for	for	for	for	for	for
	Beach Day	Beach Day	Beach Day	Beach Day	Beach Day	Beach Day	Beach Day
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
WED - 25	9:30 - Morning Chat & Socialize	9:00 - Hot Breakfast	9:30 - Bowling League	8:00 - Texercise	8:15 - Zumba	9:00 - Tai Chi	Day Trip to Rehoboth Beach Outlets
	10:00 - Trip to Byler's	9:30 - Walk Away the Pounds	10:30 - Kings in Corner	10:30 - Penny Bingo	10:00 - Bridge Club	10:00 - Bingo	& Boardwalk
	w/Bagged Lunch	12:30 - DE State Auditor Kathy McGinnis	10:30 - Tech Hour w/Crissy	1:00 - Bunco	10:00 - Bible Study	5:00 - Membership Dinner	w/Bagged Lunch
		12:15 - Trip to Milford Bowling Lanes	12:30 - Fall Prevention w/Beebe Outreach	4:30 - Dinner & Prize Bingo	11:00 - Swim @ Sussex Academy	Entertainment: Dale Teat	
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
Thurs - 26	10:00 - Exercise at CCC	10:00 - Cell Phone 101 & Computers w/Chris	9:00 - Light Breakfast	8:00 - Texercise	9:30 - Memory Café	8:00 - Pickleball	9:00 - Morning Chat
	12:30 - Prize Bingo	10:30 - Med Safety & Disposal w/Nancy Crass	9:30 - Trip to Bank, PO & Drug Store	9:00 - Zumba	11:00 - "Train Your Brain" Seminar	9:00 - La Red Health Services	10:00 - Uno
	1:00 - Trip to Walmart	1:00 - Memory Cafe	12:00—Cake Raffle	9:30 - Trip to Byler's & Produce Junction	w/Dr. Carol Pollio	1:00 - Line Dancing	12:30 - Prize Bingo
	5:00 - Dinner & Bingo	5:00 - Spaghetti Dinner & Quarter Auction	3:00 - LOUDCrowd	12:30 - Bible Study	12:30 - Bingo & Ice Cream Social	2:30 - Parkinson's Exercise	12:30 - Trip to Walmart
SEPTEMBER	Georgetown 302-515-3040	Greenwood 302-349-5237	Lewes 302-645-9239	Long Neck 302-945-3551	Milton 302-684-4819	Ocean View 302-539-2671	Roxana 302-732-3662
FRI - 27	10:00 - Swing into Fall Party	9:00 - Hot Breakfast	9:00 - Fifty Cups w/Crissy	Puzzles & Crazy Hat Friday	8:15 - Zumba	9:00 - Yoga	9:00 - Morning Chat
	1:00 - Trip to Dollar Tree	10:30 - Sunshine Singers	9:30 - Memory Café	9:00 - Yoga	9:15 - Breakfast Café	10:30 - Zumba	10:00 - Swing into Fall Party
		12:30 - Membership Meeting	12:30 - Bingo	10:30 - Penny Bingo	10:15 - Prize Bingo	10:30 - Drop in Mahjongg	with entertainment TBA
			Saturday, September 28, 2019	1:00 - Movie & Popcorn	10:30 - "Walking into Greatness"	12:30 - Poker	
			Breakfast Bash		Exhibit Tour w/Milton Historical Society		
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Mon - 30	9:30 - Morning Chat & Socialize	9:00 - Breakfast Snacks	9:00 - Morning Chat	8:30 - Weight Watchers Weigh Ins #1	8:15 - Zumba	9:00 - Beginner's Pickleball	9:30 - Morning Chat & Socialize
	10:30 - Bible Study	9:30 - Card games	9:00 - Fifty Cups w/Crissy	9:00 - La Red Health Services	9:30 - Breakfast Snacks	10:00 - Tech Assist w/Marsha	10:30 - Bible Study
	12:30 - Games	12:30 - "Luncheon Card Club"	9:30 - Walmart & Dollar Tree GTOWN	1:00 - Prize Bingo	10:00 - Tai Chi	12:30 - Bridge Club	12:30 - Games
		12:30 - Jackpot Game	1:30 - Wii Games	1:30 - Table Tennis	10:00 - Crafts w/Wanda	12:30 - Tablet Class	1:00 - Bank, PO, & Drug Store