

Agency Wide Activity Centers Monthly Calendar

All CHEER Members are welcome to any and all activities at any and all Centers.

Call for times, details and any cost.

SEPT.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
1 - Fri	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED
	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL	TRAP POND FALL FESTIVAL
	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.	9:30 a.m. to 2:00 p.m.
	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older	\$6. 00 for Seniors 60 and older
	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old	\$8.00 for those under 60 years old
SEPT.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
4 - Mon	Center Closed	Center Closed	Center Closed	Center Closed	Center Closed	Center Closed	Center Closed
	for	for	for	for	for	for	for
	Labor Day	Labor Day	Labor Day	Labor Day	Labor Day	Labor Day	Labor Day
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
5 - Tues	10:00 - Memory Café	10:00 - Walking Club	9:30 - Light Breakfast	9:30 - Ready, Set Go Bank online Class	9:00 - Strength & Toning	9:00 - Pickleball	10:00 - Word Games
	11:0 - Bible Study	10:30 - "Lunch Bunch on the Go"	10:00 - Skip Bo	10:00 - Kens Korner	9:30 - Breakfast Variety	10:00 - Painting Class	11:00 - Fall Prevention/Balance Seminar
	12:30 - Wii Bowling	Trip to Willey Farms Lunch at Brick Works	12:00 - Rummikub	10:15 - Tai Chi	11:30 - Yoga w/Sue	12:45 - Chair Yoga	12:30 - Membership Meeting
		1:30 - Yoga w/Kate	12:30 - Bingo	1:00 - Memory Café		3:00 - Ice Cream Social	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
6 - Wed	Trip	9:30 - "Walk Away the Pounds"	10:00 - Milford Bowling Lanes	Pass the Plate Selfies All Day	8:15 - Zumba	9:30 - Tai Chi	10:00 - Trip to Laurel Junction
	to	10:30 - Presentation "Identify & Avoid Scams"	10:00 - Tech Class w/Crissy	9:45 - Walk Fitness	10:00 - Bible Study w/Rev.Bishop Foster	10:00 - Bingo	
	Rehoboth Beach Boardwalk	12:30 - Milford Bowling Lanes	12:00 - Corn Hole	10:00 - Table Tennis	10:00 - Bridge Club	12:00 - La Red Meet and Talk	
		2:00 - Boston Social Trip	5:30 - Zumba Gold	5:00 - Dinner & Bingo	11:00 - Trip to Fat Daddy's	1:30 - Sit & Fit	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
7 - Thurs	Ocean View CHEER Center visits	Milton CHEER Center Visits	9:30 - Puzzle Corner	8:00 - Hooper's Island Trip	Milton CHEER Center visits	9:00 - Pickleball	9:30 - Food bank
	Georgetown CHEER Center	Greenwood CHEER Center	12:30 - Mahjongg	8:30 - Woodcarving	Greenwood CHEER Center	10:00 - 3:00 - La Red Health Center	10:00 - Nurse Susuan
	11:00 - Clear Captions	10:30 - Celerate Senior Center Month	12:30 - Hand & Foot Cards	9:00 - Zumba	9:30 - Memory Café	10:15 - Chair Yoga	11:00 - Tai Chi
	Communications Presentation	5:00 - Dinner & Quarter Auction Fundrasier	1:30 - Wii Games	10:15 - Tai Chi	5:00 - Dinner & Bingo	2:30 - PWR Moves	12:30 - Trivia
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
8 - Fri	10:30 - Games	10:00 - Wii Bowling	9:30 - Light Breakfast	8:00 - Texercise	8:15 - Zumba	9:00 - Yoga	10:30 - Prize Bingo
		10:00 - Walking Club	12:30 - Mahjongg	9:00 - Quilting Club	9:30 - Breakfast Café	12:30 - Clay Creations	
	11:00 - Advance Directives	12:30 - "Life Smatters" Program with	1:15 - Parkinson's Exercise Group	10:00 - Blood Pressure Check ups	10:45 - Prize Bingo	12:30 - Spades Club & Poker Club	12:30 - Full Card Bingo
	Presentation with William Gadola	Robin from Greenwood Library	1:30 - Cards & Board Games	11:00 - Walk Fitness			
						Ocean View - 302-539-2671	
9 - Sat						9:00 - Paint Day Seniors	
						9:00 - Seniors Acting Out	
SEPT.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
11 - Mon	10:00 - Arts & Crafts	9:30 - Blood Pressure Check-Ups	9:30 - Zumba Chair	9:00 - Knitting & Crocheting Club	8:15 - Zumba Toning	9:00 - Intermediate Yoga	9:30 - Selbyville to Shop/Library
	12:30 - Ice Cream Social	12:00 - AARP Refresher Driving Course	10:30 Piano w/Sara	9:30 - Weight Watchers Meeting	9:30 - Breakfast Variety	9:00 - Quilting Club	9:30 - Zumba Chair
	12:30 - Trivia	12:30 - "Luncheon Card Club"	12:15 - Membership Meeting	12:15 - Stand by Me Financial Planning	10:00 - Membership Meeting	12:15 - Membership Meeting	12:30 - Brain Teasers
		12:30 - Jackpot Game	5:30 - Zumba Gold	1:00 - Penny Bingo	10:00 - Tai Chi	12:30 - Bridge Club	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
12 - Tues	10:00 - Memory Café	Greenwood CHEER Center visits	9:30 - Biggs Museum Trip	8:00 - Texercise		9:00 - Pickleball	9:30 - Trip to Wal-Mart Shopping
	11:00 - Bible Study	Bridgeville Senior Center	10:30 - Skip Bo	9:30 - Ready, Set Go Bank online Class	9:00 - Strength & Toning	10:00 - Painting Class	
	12:30 - Wii Bowling	1:30 - Yoga w/Kate	12:30 - Rummikub	12:30 - Fall Risk Screening	10:00 - Tai Chi	12:45 - Chair Yoga	12:30 - Exercise with Norma
		5:00 - "Get - Away - Club"	1:30 - Dominoes & Cribbage	1:00 - Memory Café	11:30 - Yoga w/Sue	2:00 - Movie & Snacks	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
13 - Wed	Jolly Trolley Tour	9:00 - AARP Basic Driving Class	10:00 - Milford Bowling Lanes	10:30 - Membership Meeting	8:15 - Zumba	9:30 - Tai Chi	10:00 - Trip to Rehoboth
	in Rehoboth Beach	9:30 - Walk Away the Pounds	12:00 - Brain Teasers	1:00 - Bunco	9:30 - Bridge Lessons	10:00 - Bingo	10:30 - Jolley Trolley Museum
	w/Bag Lunch	10:30 - Wanda's Corner	12:30 - Corn Hole	1:00 - Crafts in the library	10:00 Visit from Senator Lopez	12:30 - Poker Club	w/Bag Lunch
	\$10.00 per-person	12:30 - Trip to Milford Bowling Lanes	5:30 - Zumba Gold	5:00 - Dinner & Bingo	10:00 - Bible Study	12:30 - Knitting Club	
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14 - Thurs	10:00 - Fall Prevention & Safety	10:00 - Cell Phone 101 Class	12:30 - Bingo	9:00 - Zumba	9:00 - Strength & Toning	9:00 - Pickleball	9:30 - Partners for Paws Seminar
	12:30 - Full Card Bingo	10:30 - Cards & Games	12:30 - Mahjongg	9:30 - Trip to Dover Mall	9:30 - Memory Café	10:00 - 3:00 - La Red Health Center	11:00 - Jenga
	5:00 - Membership Renewal Dinner	1:00 - Memory Café	12:30 - Hand & Foot Cards	1:00 - Nickel Poker	10:00 - Dr. Travis "Eight Principles"	12:30 - Woodcarving Club	12:30 - Trivia
			1:30 - Wii Games	1:00 - Visually Impaired Support Group	5:00 - Dinner & Bingo	1:00 - Line Dancing	
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15 - Fri	10:00 - Sussex Academy Pool	10:00 - Wii Bowling	10:30 - Delaware Food Bank "SNAP"	8:00 - Texercise	8:15 - Zumba	9:00 - Yoga	10:00 - National Advocacy Day
	12:00 - President and CEO	10:30 - Jackpot Game	12:30 - Bingo	9:00 - Quilting Club	9:00 - Laurel Amish Farmers Market	11:00 - Mahjongg	Post Card Writing
	of Bayhealth, New Facility		12:30 - Mahjongg	9:00 - Postcards to Our Officials	9:30 - Breakfast Café	12:30 - Spades Club	12:30 - Full Card Bingo
	Presentation	12:30 - Trip to Byler's	1:15 - Parkinson's Exercise Group	11:00 - Walk Fitness	10:45 - Prize Bingo	12:30 - Poker Club	
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18 - Mon	10:00 - Trip to Library	10:00 - Wii Bowling	9:30 - Zumba Chair	9:00 - Knitting & Crocheting Club	8:15 - Zumba Toning	9:00 - Yoga	9:30 - Shopping Trip to Selbyville
		10:30 - Bible Study	10:00 Trip to Rehoboth Board Walk	9:30 - Weight Watchers Meeting	10:00 - Tai Chi	9:00 - Quilting Club	and Library
	12:30 - Ombudsman Program	12:30 - "Luncheon Card Club"	10:30 - Piano w/Sara	12:00 - Open Computer Lab	10:00 - Tips for being a Savvy Senior	12:30 - Bonsai Class	11:30 - Zumba Chair
	with William Gadola	12:30 - Jackpot Game	5:30 - Zumba Gold	1:00 - Penny Bingo	Seminar	12:30 - Tablet Class	12:30 - Jackpot Bingo
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19 - Tues	10:00 - Memory Café	Long Neck CHEER Center visits	9:30 - Light Breakfast	Long Neck CHEER Center visits	9:00 - Strength & Toning	9:00 - Pickleball	9:30 - Shopping Trip to ACTS Thrift Store
	10:30 - Bible Study	Greenwood CHEER Center	9:30 - Dover Mall & Produce Junction	Greenwood CHEER Center	10:15 - Blood Pressure Check-Ups	9:00 - Pinochle	12:30 - Sit-n-Be Fit
	11:30 - Adult Coloring		12:30 - Bingo	9:30 - Ready, Set Go Bank online Class	11:30 - Yoga w/Sue	10:00 - NO Painting Class	
	12:30 - Wii Bowling	1:30 - Yoga w/Kate	1:00 - AARP Defensive Driving Class	1:00 - Memory Café		5:00 - Dinner and Middle Eastern Dance	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
20 - Wed	Furnace Town Tour	10:00 - "Walk Away Pounds"	10:00 - Trip to Milford Bowling Lanes	Pass the Plate Selfies All Day	8:15 - Zumba	9:30 - Pinochle	10:30 - Nurse Gina Blood Pressure

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	w/Bag Lunch	9:30 - Wanda's Corner	10:00 - Tech Class w/Crissy	8:00 - Texercise	10:00 - Bridge Club	9:00 - Tai Chi	11:00 - Food Bingo
	\$4.00 per-person	12:00 - "Luncheon Card Club"	12:00 - Corn Hole	10:00 - Trip to Sussex Academy Pool	10:30 - AARP Defensive Driving Class	12:30 - NO Knitting Club	12:30 - Pet Therapy
	(Must have 10 people to go)	12:30 - Trip to Milford Bowling Lanes	5:30 - Zumba Gold	5:00 - Membership Renewal Dinner	1:00 - Paint Day	3:00 - Parkinson's Support Group	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
21 - Thurs	Salisbury Zoo & Entenmann's Bakery	10:30 - Pet Therapy with Kathy & Burno	10:30 - Fall Prevention	8:00 - Texercise	9:00 - Strength & Toning	9:00 - Pickleball	10:30 - Guest Speaker Jim Morris
	w/Bag Lunch	1:30 - Memory Café	12:30 - Mahjongg	9:00 - Zumba	9:30 - Memory Café	10:00 - 3:00 - La Red Health Center	Travels
	\$4.00 per-person		12:30 - Hand & Foot Cards	9:30 - Trip to OC Boardwalk	10:30 - "Stand By Me" Financial Program	9:30 - Ocena City Sunfest!	12:30 Trivia
		5:00 - Membership Dinner w/Bruce Willey	1:30 - Wii Games	1:00 - Nickel Poker	5:00 - Dinner & Bingo	2:30 - PWR Moves	
	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
22-Fri	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED



10:00 a.m. - 2:00 p.m.

Frontier Festival @ CHEER Community Center

Sept.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
25 - Mon	10:00 - Trip to Library	9:30 - Card Games	9:30 - Zumba Chair	9:00 - Knitting & Crocheting Club	9:00 - Zumba Toning	9:00 - Yoga	9:30 - Shopping Trip to Selbyville
	10:30 - Food Bank of Delaware	10:00 - Wii Bowling	10:30 - Piano w/Sara	9:30 - Weight Watchers Meeting	9:30 - Breakfast Variety	9:00 - Quilting Club	11:30 - Zumba Chair
	Presentation	12:30 - "Luncheon Card Club"	1:30 - Wii Games	1:00 - Penny Bingo	9:30 - Trip to Dover	12:30 - Bridge Club	12:30 - Brain Teaser
	12:30 - Arts & Crafts	12:30 - Jackpot Game	5:30 - Zumba Gold		10:00 - Tai Chi	12:30 - Conversational Italian	
Sept.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
26 - Tues	10:00 - Memory Café	9:00 - Morning Chat	Roxana CHEER Center visits	Long Neck CHEER Center visits	9:00 - Strength & Toning	9:00 - Pickleball	9:30 - Roxana CHEER Center visits
	11:00 - Brain Buster	10:30 - Prize Bingo	Harbour Lights CHEER Center	Bridgeville Senior Center	9:30 - Breakfast Variety	10:00 - Painting Class	Harbour Lights CHEER Center
	12:30 - Wii Bowling	1:30 - Yoga w/Kate	10:30 - Skip Bo	8:00 - Texercise	11:30 - Yoga w/Sue	11:00 - Mahjongg	
			12:30 - Bingo	9:30 - Ready, Set, Bank Online Class		5:00 - Membership Renewal Dinner	
Sept.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
27 - Wed	Shopping at the	Greenwood CHEER Center visits	10:00 - Trip to Milford Bowling Lanes	Pass the Plate Selfies All Day	8:15 - Zumba	9:00 - Pinochle	9:30 - Shopping in Millsboro
	Dover Mall	Long Neck CHEER Center	12:00 - Brain Teasers	8:00 - Texercise	9:30 - Trip to Dover Air Force Base	9:30 - Tai Chi	4:00 - Membership Renewal Dinner
	w/Bag Lunch	9:30 - "Walk - Away - the Pounds"	12:00 - Corn Hole	10:00 - Sussex Academy Pool	10:00 - Bible Study with Bishop Foster	12:00 - Fall Prevention	
	\$4.00 per-person	12:30 - Trip to Milford Bowling Lanes	5:30 - Zumba Gold	5:00 - Spaghetti Dinner & Movie	10:00 - Bridge Club	12:30 - Tablet Class	
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28 - Thurs	10:00 Prize Bingo		9:30 - Light Breakfast	8:30 - Woodcarving	9:00 - Strength & Toning	9:00 - Pickleball	9:30 - Breakfast
		10:00 - Wii Bowling	12:30 - Bingo	9:00 - Zumba	9:30 - Memory Café	10:00 - 3:00 - La Red Health Center	11:00 - Laughter Ladies
	12:00 - Full Card Bingo	10:30 - Prize Bingo	12:30 - Mahjongg	10:15 - Tai Chi	12:30 - Ice Cream Social	1:00 - Line Dancing	12:30 - Trivia
		1:00 - Memory Café	5:00 - Membership Renewal Dinner Dance	1:00 - Nickel Poker	5:00 - Membership Renewal Dinner	2:00 - PWR Moves	
Sept.	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck - 302-945-3551	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
29 - Fri	10:00 - Game Day	10:00 - Wii Bowling	10:00 - Ceramics	Long Neck CHEER Center visits	Long Neck CHEER Center visits	9:00 - Yoga	9:30 - Coastal Point
		10:30 - Jackpot Games	10:00 - Skip Bo	Milton CHEER Center	Milton CHEER Center	11:00 - Drop in Mahjongg	10:30 - Bingo
	12:30 - Bullentine Board Trivia	12:30 Membership Meeting	10:30 - Sussex Pharmacy BP Checks	10:30 - Penny Bingo	8:15 - Zumba	12:30 - Spades	12:30 - Full Card Bingo
			1:15 - Parkinson's Exercise Group	11:00 - Walk Fitness	9:30 - Breakfast Café	12:30 - Poker	