

**Agency Wide Activity Centers Monthly Calendar**

**All CHEER members are welcome to any and all activities at any and all centers. Call for times, details and any cost.**

May	Georgetown - 302-515-3040	Greenwood - 302-349-5237	Lewes - 302-645-9239	Long Neck	Milton - 302-684-4819	Ocean View - 302-539-2671	Roxana - 302-732-3662
<b>1 - Mon</b>	10:30 - Trip to Library 10:30 - Arts & Crafts	9:00 - Blood Pressure Checks 10:00 - Wii Bowling 12:30 - Luncheon Card Club	9:30 - Zumba Chair 1:30 - Wii Fitness 5:30 - Zumba Gold	9:30 - Weight Watchers Meeting 11:00 - Pinochle 2:00 - Wii Bowling <i>(No Penny Bingo, to be Tuesday)</i>	8:15 - Zumba Toning 10:00 - Tai Chi 10:00 - One Stroke Painting	9:00 - Intermediate Yoga 11:00 - Mahjongg 12:30 Bridge/Italian 12:30 - Tablet Class	9:30 - ACTS and Samaritan Samaritan Thrift Stores 11:30 - Chair Zumba 12:30 - John Massey's
<b>2 - Tues</b>	9:30 - Memory Café 10:30 - Bible Study Wii Bowling	10:00 - Ken's Korner w/CHEER Exec. Dir Ken Bock 12:30 - CHEERFUL NOTES Glee Club 1:30 - Yoga w/Kate	10:00 - Skip Bo 10:30 - Harbour Lights visits - Long Neck CHEER Center for Penny Bingo 12:30 - Hand & Foot Cards	9:00 - Zumba 10:00 - Bus to Sussex Academy Pool 10:15 - Tai Chi w/John 10:30 - Penny Bingo Lewes Center Visiting 1:00 - Memory Café	9:00 Strength and Toning 11:30 - Yoga w/Sue	9:00 - Pinochle 10:00 - Painting Class 10:00 - Pickleball 12:45 - Chair Youga	9:30 - Wal-Mart and Thrift Store 10:00 - Roxana visit Georgetown 12:30 - Trivia
<b>3 - Wed</b>	10:00 - Trip to Salisbury Zoo and Entenmann's Bakery	10:00 Walk Away the Pounds 10:00 Wii Bowling 10:00 Scrapbooking 101 12:30 - Pet Theraphy 12:30 Trip to Milford Bowling Lanes	10:00 - Trip to Milford Bowling Lanes 10:30 - Kings in a Corner 5:30 - Zumba Gold	8:00 - Texercise 9:45 - Walk Fitness 10:00 - Bus to Sussex Academy 1:00 - BUNCO 5:00 - Bingo	8:15 - Zumba Toning 9:00 - Trip to Roses Dept Store 10:00 Bridge Club <i>(Bible Study cancelled)</i>	9:30 - Tai Chi 10:00 - Bingo 12:30 - Poker Club 12:30 - Tablet Class 2:00 - Computers w/Pepe	9:30 Trip to Laurel Junction for Lunch and Entertainment by Tony Windsor
<b>4 - Thurs</b>	10:00 - Red Hatters Auction Roxana Center Visits	10:30 - Eat Smart, Live Strong 1:30 - Memory Café	10:00 - Tai Chi 12:30 - Mahjongg 12:30 - Hand & Foot Cards 1:30 - Wii Games	9:00 - Zumba 10:00 - Bus to Sussex Academy 10:15 - Tai Chi w/John 11:00 - Beginner Computer w/Rita 1:00 - Shuffleboard	9:30 - Memory Café 12:30 - Penny Bingo 12:30 - Ice Cream Social 5 p.m. - Dinner & Bingo	9:30 - Matter of Balance 9:30 - Spring Fest in Ocean City 1:00 - Pickleball 1:30 - Spanish 6:00 - Alzheimer's Caregiver Support Group	9:30 - Trip to Georgetown CHEER for Lunch and Red Hat Ladies Auction
<b>5 - Fri</b>	9:30 - Breakfast 10:30 - Prize Bingo 12:30 - Full Card Bingo	10:00 - Wii Bowling 10:30 - JackPot Game 12:30 Trip to Byler's in Harrington for Ice Cream	10:00 - Ceramics w/Becky 10:00 Skip Bo 10:30 - Pinochle 12:10 - Bingo 1:15 - Parkinson's Exercise Group	10:00 - Trip to Ocean City Springs 10:30 - Penny Bingo 11:00 - Walk Fitness 12:30 - Diabetes Self Management Class	8:15 - Zumba 9:30 - Breakfast Café 10:45 - Prize Bingo	9:00 - Yoga 9:30 - Spring Fest in Ocean City (Elvis) 12:30 - Spades 12:30 Poker	11:00 - Prize Bingo 12:30 - Full Card Bingo

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<b>8 - Mon</b>	9:30 - Trip to Georgetown Lib  12:30 - Manicures	10:30 - Bible Study  12:00 - AARP Defensive Driving Refr 12:30 - Luncheon Card Club	9:30 - Zumba Chair  12:30 - Movie & Popcorn  5:30 - Zumba Gold	9:30 - Weight Watchers Meeting 11:00 - Pinochle 1:00 - Penny Bingo 2:00 - Wii Bowling	8:15 - Zumba Toning  10:00 - One Stroke Painting  10:00 - Tai Chi	9:00 - Intermediate Yoga 11:00 Mahjonng 12:15 - Membership Meeting 12:30 - Bridge/Italiain 12:30 - Tablet Class	9:00 - Shopping in Selbyville  11:30 - Chair Zumba  12:30 - Jackpot Bingo
<b>9 - Tues</b>	9:30 - Memory Café  10:30 - Bible Study  12:30 - Wii Bowling	10:00 - Produce Junction Lunch at Ruby Tuesday, Dover  1:30 - Yoga w/Kate	11:30 - Mother's Day Luncheon Entertainment by "Imagine"  12:30 - Hand & Foot Cards  1:30 - Dominoes & Cribbage	8:00 - Texercise 9:00 - Zumba 10:15 - Tai Chi w/John 11:15 - CHEERful Notes Glee Cl Concert 1:00 - Memory Café	9:00 - Strength & Toning  10:30 - Ask the Pharmacist  11:30 - Yoga w/Sue	10:00 - Painting Class 10:00 - Pickleball  12:45 - Chair Yoga  2:00 - Movie "Patch Adams"	9:30 - Visit Haak at Berlin Berlin Nursing Home  12:30- Pet Therapy
<b>10 - Wed</b>	10:00 - Mystery Trip - Bag Lu	10:00 - Walk Away Ponds 10:00 - Wii Bowling 10:00 - Scrapbooking 101 12:30 - Luncheon Card Club 12:30 - Milford Bowling Lanes	10:00 - Trip to Milford Bowling L  10:30 - Kings in a Corner  5:30 - Zumba Gold	8:45 - Line Dancing 10:30 - Membership Meeting 10:30 - Blood Pressure Checks 1:00 - Table Tennis 5:00 - Bingo	8:15 - Zumba 10:00 - Bible Study w/Rev. Bishop 10:00 - Bridge Club 1:00 - Paint Day "Night by the Shore Lighthouse"	9:30 - Tai Chi 12:00 - Seminar "Cutting Down on Sugar" 12:30 - Laughter Yoga 12:30 - Chair Yoga 2:00 - Computers w/Pepe	10:00 - Crafts w/Marie  12:30 Membership Meeting
<b>11 - Thrs</b>	10:00 - Prize Bingo  12:30 - Full Card bingo  5:00 - Dinner & Bingo	10:30 - Eat Smart, Live Strong 1:30 - Memory Café  5:00 - Dinner Entertainment by: The Jones Boys	10:00 - Tai Chi <b>10:30 - Long Neck Center Visiting</b> 10:30 - Pet Therapy w/Mini Horse 12:30 - Mahjongg 12:30 - Hand & Foot Cards 1:30 - Wii Games	8:00 - Texercise 9:00 - Zumba <b>10:15 - Visit Lewes Center</b>  1:00 - Shuffleboard 1:00 - Nickel Poker	9:30 - Memory Café 10:00 - Nutrition Seminar w/ Ruth Th "Cutting Down Added Sugar" 12:30 - Penny Bingo 12:30 Ice Cream Social 5 p.m. - Dinner & Bingo	9:30 - Matter of Balance 10:00 - CST's "Dirty Rotten Scoundrels" 10:15 - Chair Yoga 1:00 - Pickleball 1:00 - Line Dancing 1:30 - Spanish Class	10:30 - Garden Therapy  12:30 - Trivia
<b>12 - Fri</b>	10:00 - Morning Trip to Laurel - Amish & Flea Mkt.  10:00 - Bridge Club	10:00 - Wii Bowling  10:30 Jackpot Game 12:30 - "Life Smatters" Program w/ Robin from the Greenwood Library	12:30 - PIVOT Balance Screenin  10:30 - Pinochle  1:15 - Parkinson's Exercise Grou	10:00 - Blood Pressure Checks 10:30 - Penny Bingo 12:15 - Diabetes Talks w/Tony 12:30 - Diabetes Self Management Class	8:15 - Zumba 9:30 - Balance Class 9:30 Breakfast Café 10:45 Prize bingo	9:00 - Yoga 9:20 - Trip to OC Center for the Atrs 11:00 Drop in Mahjogg 12:30 Clay Creations 12:30 - Poker Club	10:30 - Prize Bingo  12:30 - Mother's Day Celebration

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<b>15 - Mon</b>	10:30 - Arts & Crafts  12:30 - "May in History"	10:0 - Wii bowling  10:30 - Bible Study  12:30 - Luncheon Card Club	9:30 - Zumba Chair 10:00 - Garden Therapy w/Crissy 12:00 - Ice Cream Social 1:30 Wii Games 5:30 - Zumba Gold	10:00 - Weight Watchers Meeting 11:00 - Pinochle 12:30 - Medicare 101 Seminar w/Dennis 2:00 - Wii Bowling	8:15 - Zumba Toning 10:00 - Crafts w/Sheila and Chuck 10:00 - One Stroke Painting 10:00 - Tai Chi	9:00 - Intermediate Yoga 11: 00 - Mahjongg 12:30 - Conversational Italian 12:30 - Tablet Class	9:30 - Shopping in Selbyville 11:30 - Chair Zumba 12:30 - Brain Teasers
<b>16 - Tues</b>	9:30 - Memory Café  10:30 - Bible Study  12:30 - Wii Bowling	10:30 - Prize Bingo 12:30 - Shopping at Seaford Roses 1:30 - Yoga w/Kate 5:00 - "Get-Away Club" at Abbott's Grille in Milford	9:30 - Dover Mall & Produce Jun 1:00 - AARP Defensive Driving Refresher Course	8:00 - Texercise 9:00 - Zumba 11:00 - Yoga 9:30 - Trip to Dover Mall 1:00 - Memory Café	10:00 - CHEERful Notes Glee Club Concert 10:00 - Blood Pressure Checks  11:30 - Yoga w/Sue	10:00 - Pickleball 10:00 - Spangle Yarn n/ Laces w/Dee 12:45 - Chair Yoga 5:00 - Age Out Loud Dinner w/ Ventriloquist Ken Huff	9:30 - Byler's in Harrington
<b>17 - Wed</b>	12:30 - AARP Defensive Driv  12:30 - Seaford - Shopping	<b>10:00 - Visit Ocean View CHEER</b>  12:30 - Luncheon Card Club	10:00 - To Milford Bowling Lanes 10:30 - Kings in a Corner 1:30 - Cards & Board Games  5:30 - Zumba Gold	8:45 - Line Dancing 10:00 - Bus to Sussex AcademyPool 10:30 - Prize Bingo 1:00 - Table Tennis 5:00 - Bingo	10:00 - Bible Study w/Rev. Bishop  10:00 - AARP Defensive Driving Clas  10:30 - Pet Therapy w/Mini Horses	9:30 - Tai Chi  12:00 - Personal Protection 12:30 - Poker Club 3:00 - Parkinson's Support Group	10:00 - Trip to CHEER Community Center for the Volunteer Delaware 50+ Luncheon
<b>18 - Thrs</b>	10:00 - Ask Pharmacist w/Ra  12:30 - Full Bingo  1:00 - May Trivia	10:30 - Eat Smart, Live Strong 10:30 - Walk Away the Pounds  12:30 - New Century Club meets 1:30 - Memory Café 5 p.m. - Dinner and Bingo	10:00 - Tai Chi 12:30 - Bingo 12:30 - Mahjongg 1:30 - Wii games  5 p.m. - Dinner and Bingo	11:00 - Mother's Day Celebration w/Suzette Pritchett 1:00 - Visually Impaired Support C  1:00 - Shuffleboard 1:00 - Nickel Poker	9:30 - Memory Café 9:00 - Trip to Boscov's in Dover 12:30 - Ice Cream Social 12:30 - Penny Bingo 1:00 - Alzheimer's Support Group 5:00 - Dinner & Bingo	9:15 - Trip to Marvel Carriage Museum Walking Tour Lunch at Arena's located at the Geo. A 9:30 - Matter of Balance 10:15 - Chair Yoga 1:00 - Pickleball	10:30 - Prize Bingo  12:30 - Full card bingo
<b>19 - Fri</b>	<b>9:30 - Trip to Greenwood Che Center for Older Americans Celebrat Entertainment by: Suzette Pritchett</b>	10:30 - Older Americans Day Celebra Entertainment by: Suzette Pritchett Georgetown Visits	10:30 - Nutrition Seminar w/Ruth Thomas TOPIC: Added Sugar  1:15 - Parkinson's Exercise Grou	8:00 Texercise 10:30 - Penny Bingo 11:00 - Walk Fitness 12:30 - Diabetes Self Management Class	8:15 - Zumba 9:30 - Balance Class 9:30 - Breakfast Café 10:45 - Prize Bingo	9:00 - Yoga 9:30 - Rehoboth Beach Outlets Lunch at Jimmy's Grill, Reho. 11:00 - Drop in Mahjongg 12:30- Poker	10:30 - Prize Bingo  12:30 - Full card bingo
<b>20 - Sat</b>				8-10 a.m. - Breakfast 10-12 noon - Penny Bingo			

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<b>22 - Mon</b>	10:00 - Card Games  12:30 - Ice Cream Social	10:00 - Wii Bowling 10:30 - Bible Study 12:30 - Luncheon Card Club 12:30 - Jackpot Game	9:30 - Zumba Chair 10:00 - Trip to Rehoboth Outlets 12:30 - Skip Bo 12:30 - Bingo 1:30 - Wii Games	9:30 Weight Watchers Meeting 11:00 Pinchhole 1:00 - Penny Bingo	8:15 - Zumba Toning <b>10:00 - Bridgeville Senior Center Visit</b> 10:00 - One Stroke Painting 10:00 - Tai Chi	9:00 - Intermediate Yoga 11:00 - Mahjongg 12:30 - Conversational Spanish 12:30 - Bridge 12:30 - Tablet Class	9:30 - Shopping in Selbyville 11:30 - Chair Zumba 12:30 - Jackpot Bingo
<b>23 - Tues</b>	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.	CENTER CLOSED Older Americans Celebration at Community Center, Geo.
<b>24 - Wed</b>	10:00 - Trip to Rehoboth Beach Boardwalk	10:00 - Walk Away the Pounds 10:00 - Scrapbooking 101 10:30 - Ask the Pharmacist  12:30 - Reg. of Wills Cindy Green speaker	10:00 - Trip to Milford Bowling Lane  10:30 - Kings in a Corner  5:30 - Zumba Gold	8:45 - Line Dancing 10:00 - Ask the CHEER Dietitian 10:30 - Prize Bingo 1:00 - BUNCO 5:00 - Bingo	8:15 - Zumba 10:00 - Lunch at Cheddar's, Dover 10:00 - Bible Study w/Rev. Bishop 10:00 - AARP Defensive Driving Class 10:00 - Bridge Club	9:00 - Pinochle 9:30 - Tai Chi 10:00 - Bingo 12:00 - Camp Rehoboth Chorus 2:00 - Computers w/Pepe	10:30 - Nurse Visiting for BP Checks 12:30 - Nutrition Seminar w/Ruth Thomas "Cutting Down Added Sugar"  4:00 - - Dinner and Bingo
<b>25 - Thurs</b>	10:30 - Medicare Benefits 1-on-1 Assistance w/Arlene Schneider  11:00 - Prize Bingo  12:30 - Full Card Bingo	10:30 - Eat Smart, Live Strong 10:30 - Walk Away the Pounds  1:30 - Memory Café	10:00 - Tai Chi 12:30 - Mahjongg 12:30 - Hand & Foot Cards 1:30 - Wii Games	9:00 - Zumba 9:30 - Byler's Market and Produce Junction, Dover 10:15 - Tai Chi w/John 11:00 - Beginner Computer w/Rita 1:00 - Shuffleboard	9:00 - Strength & Toning 9:30 - Memory Café 11:45 - Volunteer Appreciation Lunch 12:30 - Penny Bingo 12:30 - Ice Cream Social 5:00 - Dinner & Bingo	9:00 - Museum of American Art and 33 West Ale House, Dover 12:30 - Woodcarving Club 1:00 - Pickleball 1:00 - Line Dancing 1:30 - Intermediate Spanish	10:00 - Laughter Ladies Exercises 11:00 - Tai Chi 12:30 - Trivia
<b>26 - Fri</b>	10:00 - Bridge Club  10:00- Memorial Day Take Home	10:00 - Wii Bowling 10:30 - JackPot Game 12:30 - Full card Bingo	10:00 - Ceramics w/Becky 10:30 - Blood Pressure Checks 12:10 - Bingo  1:15 - Parkinson's Exercise Group	10:30 -Penny Bingo 11:00 - Walk Fitness 12:30 - Diabetes Self Management Class 1:00 - Movie Matinee & Popcorn	8:15 - Zumba 9:30 - Balance Class 9:30 - Breakfast Café 11:45 - Prize Bingo	10:00 - Smaritan Thrift Shop and Lunch at Georgia House, Selbyville 11:00 - Drop in Mahjongg 12:30 - Clay Creations w/Marie	10:30 - Prize Bingo  12:30 - Full Card Bingo

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<b>29- Mon</b>	CLOSED - Memorial Day	CLOSED - Memorial Day	CLOSED - Memorial Day	CLOSED - Memorial Day	CLOSED - Memorial Day	CLOSED - Memorial Day	CLOSED - Memorial Day
<b>30 - Tues</b>	9:30 - Memory Café  10:00 - Bible Study  12:30 - Wii Bowling	10:00 - Wii Bowling 10:30 - Prize Bingo 12:30 - Luncheon Card Club 1:30 - Yoga w/Kate	10:00 - Shopping at Peebles and Tuesday Morning  12:30 - Hand & Foot Cards 12:30 - Bingo	9:00 - Zumba 9:30 - Dickenson Plantation, Dover Lunch at Cheddar's 10:15 - Tai Chi w/John 1:00 - Memory Café	9:00 - Strength & Toning  9:00 - Trip to Brookdale  11:30 - Yoga w/Sue	9:00 - Pinochle 10:00 - Pickleball 12:45 - Chair Yoga 5:00 - Members "Age Out Loud" Art Show and Reception	9:30 - Visit Bridgeville Senior Center for Lunch & Bingo
<b>31 - Wed</b>	10:00 - Trip to Millsboro Town Museum	10:00 - Walk Away Ponds 10:00 - Scrapbooking 101 12:30 - Trip to Milford Bowling Lanes	10:00 - OPEN HOUSE  10:00 - Trip to Milford Bowling La	8:45 - Line Dancing 10:00 - Bus to Sussex Academy 12:45 - Ice Cream Social 5:00 - Bingo	8:15 - Zumba 10:00 - Milton Historical Society GuestSpeaker: Kim Fabbri 10:00 - Bridge Club	9:30 - Pinochle 9:00 - Tai Chi 12:30 - Tablet Class 1:30 - Sit & Fit	9:30 - Shopping at Muillsboro Roses and Dollar Tree 12:30 - Bible Study w/Ruth