

# CHEER JANUARY VIRTUAL CALENDAR

(Calendar subject to change without notice.)  
Members need to call hosting center 24 hours in advance to register.

<u>Program</u>	<u>Day</u>	<u>Time</u>	<u>Hosting Center</u>
<b>Ken's Korner</b>	Thurs. Jan. 6	11 a.m.	CHEER Live Café
<b>Bingo</b>	Ev. Mon. - Fri.	10 a.m. 11 a.m. 1 p.m.	Adult Day Ctr. 302-854-2882 Adult Day Ctr. 302-854-2882 Adult Day Ctr. 302-854-2882
<b>Yoga</b>	Ev. Mon. Ev. Mon. & Wed.	9 a.m. 10:30 a.m.	Ocean View 302-539-2671 Milton 302-684-4819
<b>Bible Study</b>	Ev. Mon. Ev. Wed. Thurs.	10 a.m. 11 a.m. 11:30 a.m.	Greenwood 302-349-5237 Milton 302-684-4819 Roxana 302-732-3662
<b>Trivia Music &amp; Movies</b>	Ev. Mon.	2 p.m.	Greenwood 302-349-5237
<b>Membership Meeting</b>	Mon.	11 a.m.	Roxana 302-732-3662
<b>Chair Yoga</b>	Ev. Tues. Ev. Tues. Ev. Thurs.	1 p.m. 1 p.m. 1 p.m.	Ocean View 302-539-2671 Long Neck 302-945-3551 Greenwood 302-349-5237
<b>Lenovo Tablet Class</b>	Ev. Tues.	11 a.m.	Milton 302-684-4819
<b>Virtual Tech Hour</b>	Ev. Tues.	1 p.m.	Lewes 302-645-9239
<b>Movie Trivia</b>	Ev. Tues.	11 a.m.	Milton 302-684-4819
<b>Meditation</b>	Ev. Tues.	1 p.m.	Roxana 302-732-3662
<b>Painting With Marina</b>	Ev. Wed.	10 a.m.	Ocean View 302-539-2671
<b>Texercise</b>	Ev. Tues., Wed., Fri.	10 a.m.	Long Neck 302-645-3551
<b>Zumba</b>	Ev. Mon.-Fri Ev. Tues & Thurs.	8 a.m. 9 a.m.	Milton 302-684-4819 Long Neck 302-945-3551
<b>Catching Up With Crissy</b>	Ev. Wed.	9 a.m.	Lewes 302-645-9239
<b>That Was The Year Trivia</b>	Ev. Wed.	11 a.m.	Greenwood 302-349-5237
<b>Virtual Trip</b>	Ev. Wed.	1:30 p.m.	Lewes 302-645-9239
<b>Alzheimer's Support Group</b>	Ev. Wed.	10 a.m.-2 p.m.	ZOOM
<b>Virtual Travel Tour</b>	Ev. Thurs.	12:30 p.m.	Milton 302-684-4819
<b>Book Club</b>	Ev. Thurs.	12 p.m.	Lewes 302-645-9239
<b>Morning Chat</b>	Ev. Fri.	10 a.m.	Greenwood 302-349-5237