

Roxana CHEER Activity Center
March, 2019

34314 Pyle Center Road, Unit 2
 Frankford, DE 19945
 302.732.3662

Monday

Tuesday

Wednesday

Thursday


Friday



1
 9: 30 Coastal Point News Discussion
 10: 30 Word Search/Color
 12: 00 LUNCH
 12: 30 Full Card BINGO

4
 9: 30 Wave News
 10: 00 Sun presentation by Nancy
 11: 30 LUNCH
 12: 00 Trip to shop Selbyville

5
 9: 30 Word Search/Color
 10: 00 Crafts with Savannah
 11: 00 Technology Time
 12: 00 LUNCH
 12: 30 Games

6
 Trip to Laurel Junction
 Lunch There

 ASH WEDNESDAY

7
 9: 30 Wave News
 10: 00 Garden Therapy
 12: 00 LUNCH
 12: 30 Membership Meeting

8
 9: 30 Morning Chat
 Trip to Walmart
 12: 00 Lunch

11
 9: 30 Trip to shop Selbyville/Bank/Post office/Dollar Store
 12: 00 LUNCH
 12: 30 Sit and Be Fit with Savannah

12
 9: 30 Coastal Point News Discussion
 10: 00 Positive Music Time with Randy Potter
 12: 00 LUNCH
 12: 30 Games
 Long Neck Visit



13
 9: 30 Word Search/Color
 10: 00 Food program by University of Delaware
 11: 30 LUNCH
 12: 00 Trip to shop Millsboro/Roses

14
 9: 30 Wave News
 10: 30 Bingo
 12: 00 LUNCH
 12: 30 Full Card Bingo


15
 9: 30 Coastal Point News Discussion
 10: 30 Left, Right, Center
 12: 00 LUNCH
 12: 30 Trivia

Roxana CHEER Activity Center
March, 2019

34314 Pyle Center Road, Unit 2
Frankford, DE 19945
302.732.3662

Monday	Tuesday	Wednesday	Thursday	Friday
<p>18</p> <p>9: 30 Trip to shop Selbyville/Bank/Post Office/Library 12: 00 LUNCH 12: 30 Sit & Be Fit</p> 	<p>19</p> <p>9: 30 Wave News 10: 30 Bingo 12: 00 LUNCH 12: 30 Full Card Bingo</p>	<p>20</p> <p>9: 30 Word Search/Color 10: 00 Crafts 11: 00 Birthday Celebration 12: 00 LUNCH</p> <p>Happy Birthday Jeannie!</p> 	<p>21</p> <p>9: 30 Wave News. 10: 00 Breakfast 10: 30 Traveling speaker Jim Morris 12: 00 LUNCH 12: 30 Games *March For Meals Dinner 5-7*</p>	<p>22</p> <p>9: 30 Morning Chat 10: 00 Trip to Walmart 12: 00 Lunch</p>
<p>25</p> <p>9: 30 Trip to shop Selbyville/Bank/Post Office/Dollar Store/ Thrift Store Shopping Berlin MD 12: 00 LUNCH 12: 30 Sit and Be Fit</p>	<p>26</p> <p>9: 30 Word Search 10: 00 Nurse Gina here for BP/sugar check from Sussex Pharmacy 10: 30 Prize BINGO 12: 00 LUNCH</p>	<p>27</p> <p>Trip to Bylers Bagged Lunch</p>	<p>28</p> <p>9: 30 Puzzles</p> <p>10: 00 Respiratory Wellness with Jessica Rickards from PRMC 11: 00 Cards/ Word Finds/ Discussion Group</p>	<p>29</p> <p>9: 30 Coastal Point News Discussion 10: 30 Crafts 11: 30 Left, Right, Center 12: 00 LUNCH 12: 30 Trivia</p>

"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."