

Mon	Tue	Wed	Thu	Fri
 <p>CONNECT, CREATE, CONTRIBUTE MAY 2019</p>		<p>1 10-4 Fitness Room Open 9-3:30 Puzzle Mania / Pinochle 9-10 Tai Chi, \$ 10-1:30 Bingo, \$3 10-12:30 Drawing Class, \$20 11:45-12:30 Lunch 12 L'nL: Balance & Fall PT Talk 12:30 Poker / Tablet / Knitting 1:30 Sit & Fit 2-3:30 Computers w/Pepe <i>Ice Cream Social, 2:15, \$2</i></p>	<p>2 8-4 Fitness Room / Puzzles 9:30—11:30 Matter of Balance 9:30 Goodwill & Country Kitch. 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, \$3 2:30-3:30 Parkinson's Exercise 6 Alzheimer's CG Support Grp</p>	<p>3 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 10—2:30 SPRINGFEST! 10:30 Zumba Gold 10:30 Drop In Mahjongg 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker</p>
<p>6 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:30 Bridge 12:45 Conversational Italian 12:45 Tablet Class / Quilting</p>	<p>7 8:30-4 Fitness Room Open 9 Pickleball 9-3:30 Puzzle Mania 9 DVD Art Lesson, \$1 9:30 Hand & Foot / Pinochle 10-11:30 Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 Chair Yoga, \$5 <i>"Mary Poppins Returns"</i> 2:15 pm, \$2</p>	<p>8 10-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzle Mania / Pinochle <i>*10-11 am—Ken's Korner!*</i> Share your Issues/Likes/Ask ?'s 10-12:30 Drawing Class, \$20 11:45-12:30 Lunch 12:30—2:30 BINGO, \$3 12:30 Poker / Tablet / Knitting 2-3:30 Computers w/Pepe</p>	<p>9 8-4 Fitness Room / Puzzles 9 Pickleball 9:30—11:30 Matter of Balance 10 CST's "Into The Woods" \$20, and Chaps Pit Beef 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, \$3 2:30-3:30 Parkinson's Exercise</p>	<p>10 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 10:45 Clubhouse at Baywood for a M's Day Luncheon! 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker 12:30 Clay Creations, \$2 <i>Happy Mother's Day Weekend!</i></p>
<p>13 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:15 Membership Meeting 12:30 Bridge / Quilting Club 12:30 Conversational Italian 12:30 Tablet Class</p>	<p>14 8:30-4 Fitness Room Open 9 Pickleball / 9-3:30 Puzzles 9—12:30 BAKE SALE & RAFFLE 9:30 Hand & Foot / Pinochle 10-11:30 Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 Chair Yoga, \$5 <i>Cooking w/Chef Charles, Dinner & Entertainment,</i> 5—7 pm, \$8!</p>	<p>15 8-4 Fitness Room Open 9-10 Tai Chi, \$ 10-1:30 Bingo, \$3 10-12:30 Drawing Class, \$20 11:45-12:30 Lunch L'nL: Advance Directives 12:30 Poker / Tablet / Knitting 1:30 Sit & Fit 2-3:30 Computers w/Pepe</p>	<p>16 8-4 Fitness Room / Puzzles 9 Pickleball 9 Layton's Chance Winery Tour & Tasting, \$6 + Lunch 9:30—11:30 Matter of Balance 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, 3 2:30-3:30 Parkinson's Exercise</p>	<p>17 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 9:45 Vietnam Vets Moving Wall & Lunch at Ferry 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 11:30 CG Support Group 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker 12:30 Clay Creations, \$2</p>

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Mon	Tue	Wed	Thu	Fri
<p>20 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:30 Bridge 12:30 Conversational Italian 12:30 Tablet Class 12:30 Quilting + Club 1 Financial Coaching—Stand By Me, by appointment</p>	<p>21 8:30-4 Fitness Room Open 9 Pickleball 9-3:30 Puzzle Mania 9 DVD Art Lesson, \$1 9:30 Hand & Foot 9:30 Pinochle 10-11:30 Painting Class 10:30 Mahjongg 11:45-12:30 Lunch L'nL: OrCam with Mel S. of Div. of Visually Impaired 12:45 Chair Yoga, \$5 -No Dinner tonight</p>	<p>22 8-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzles / Pinochle 10-1:30 Bingo, \$3 10-12:30 Drawing Class, \$20 11:45-12:30 Lunch 12:30-4 Poker Club 12:30 Tablet Class 12:30 Knitting Club 1:30 Sit & Fit 2-3:30 Computers w/Pepe</p>	<p>23 8-4 Fitness Room / Puzzles 9 Pickleball 9:30—11:30 Matter of Balance 9:30 Produce Junction and Countrie Eatery, Dover 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, 3 2:30-3:30 Parkinson's Exercise</p>	<p>24 OLDER AMERICANS CELEBRATION AT CHEER COMMUNITY CTR 10 AM—2 PM! Bus Leaves at 9 am Get Your Ticket from Yolanda</p>
<p>27  Center is CLOSED Today</p>	<p>28 8:30-4 Fitness Room Open 9 Pickleball 9-3:30 Puzzle Mania 9 DVD Art Lesson, \$1 9:30 Hand & Foot / Pinochle 10-11:30 Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 Chair Yoga, \$5 *Spaghetti Dinner with Blackjack & Bingo Night, 5—7 pm, \$7</p>	<p>29 8-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzles / Pinochle 10-1:30 Bingo, \$3 10-12:30 Drawing Class, \$20 11:45-12:30 Lunch 12:30-4 Poker Club 12:30 Tablet Class 12:30 Knitting Club 1:30 Sit & Fit 2-3:30 Computers w/Pepe</p>	<p>30 8-4 Fitness Room / Puzzles 9 Pickleball 9:30—11:30 Matter of Balance 10:15 Chair Yoga, \$5 10:45 La Sierra—Lunch and Latin Market 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, 3 2:30-3:30 Parkinson's Exercise</p>	<p>31 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 9:30 2nd Time Designs and Taste Garden, Millsboro 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker 12:30 Clay Creations, \$2 *Paint Day, Sat. June 1st, 10 am, \$20!!!</p>

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