



Mon	Tue	Wed	Thu	Fri
				<p><i>Saturday, 6/1— Center Open 9 am—12 Noon Lighthouse Paint Day, 10 am, \$20</i></p> <p>~</p> <p><i>Saturday, 6/8— World Oceans Day!</i></p>
<p>3 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:30 Bridge 12:45 Conversational Italian 12:45 Tablet Class / Quilting</p>	<p>4 8:30-4 Fitness Room Open 9 Pickleball 9-3:30 Puzzle Mania 9 DVD Art Lesson, \$1 9:30 Hand & Foot / Pinochle 10-11:30 Marie’s Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12 L’nL: Anthony—CHEER 12:45 Chair Yoga, \$5 <i>Ice Cream Social, 2:30, \$2</i></p>	<p>5 10-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzle Mania / Pinochle 10-12:30 Marina’s Drawing & Painting Class, \$20 10-1:30 Bingo, \$3 11:45-12:30 Lunch 12 L’nL: Skin Cancer Awar./Prev with Deb Campbell, Beebe 12:30 Poker / Tablet / Knitting 2-3:30 Computers w/Pepe</p>	<p>6 8-4 Fitness Room / Puzzles 9 Pickleball 9:30 The Labyrinth at St. Mark’s and Blue Water Grill, Millsboro 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes / Hand & Foot 1-2 NO Line Dancing Today ... 2:30-3:30 Parkinson’s Exercise 6 Alzheimer’s CG Support Grp</p>	<p>7 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 9:45 Beach Clean Up at IRLSS in honor of World Oceans Day and Lunch at the Big Chill Beach Club! 10:30 Zumba Gold 10:30 Drop In Mahjongg 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker</p>
<p>10 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:15 Membership Meeting 12:30 Bridge 12:45 Conversational Italian 12:45 Tablet Class / Quilting</p>	<p>11 8:30-4 Fitness Room Open 9 Pickleball 9 DVD Art Lesson, \$1 9:30 Hand & Foot / Pinochle 10-11:30 Marie’s Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 P’s Exerc. at B. Beach! 12:45 Chair Yoga, \$5 <i>Cold Salads Dinner & Movie, “Aquaman”, 5-7:30 pm, \$5</i></p>	<p>12 10-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzle Mania / Pinochle 10-12:30 Marina’s Drawing & Painting Class, \$20 10-1:30 Bingo, \$3 11:45-12:30 Lunch 12 L’nL: Elder Abuse Awareness and Prevention Trivia 12:30 Poker / Tablet / Knitting 2-3:30 Computers w/Pepe</p>	<p>13 8-4 Fitness Room / Puzzles 9 Pickleball 9:30 Walmart, Rehoboth and Yellowfins, Long Neck 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, \$3 NO Park’s Ex. Today—see 11th!</p>	<p>14 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 9:30 Lavender Fields Ramble, Overstuffed Sandwiches and Hopkins Farm Creamery 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker</p>

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<p>17 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:30 Bridge / Quilting Club 12:30 Conversational Italian 12:30 Tablet Class 1 Financial Coaching—Stand By Me, by appointment</p>	<p>18 8:30-4 Fitness Room Open 9 Pickleball 9 DVD Art Lesson, \$1 9-3:30 Puzzles 9:30 Hand & Foot / Pinochle 10-11:30 Marie’s Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 Chair Yoga, \$5</p> <p><i>(Yolanda will be at an Aging Conference in Washington DC)</i></p>	<p>19 8-4 Fitness Room Open 9-10 Tai Chi, \$ 10-12:30 Marina’s Drawing & Painting Class, \$20 10-1:30 Bingo, \$3 11:45-12:30 Lunch 12:30 Poker / Tablet / Knitting 2-3:30 Computers w/Pepe 3—4 Parkinson’s Support Group</p> <p><i>from June 17th—20th. She will return on Fri., June 21st!</i></p>	<p>20 8-4 Fitness Room / Puzzles 9 Pickleball 9:30 Salisbury Mall—Lunch on your own at the Food Court or Olive Garden by bus. Depart for OV by 2:30 p.m. from both! 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, 3 2:30-3:30 Parkinson’s Exercise</p>	<p>21 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 11:30 CG Support Group 11:45-12:30 Lunch 12:45 Explore the Coastline of DE with Cape Water Taxi, \$20-Bus & Boat Ride (please bring an extra \$3-\$4 for tip, and your own drinks!) 12:30-3:30 Spades 12:30-4 Poker</p>
<p>24 8-4 Fitness Room Open 8 Local Shopping (G, B, P, D) 9-10:30 Yoga, \$5 (all levels) 9-3:30 Puzzle Mania 10-11 Belly Dancing, \$5 10:30 Mahjongg 11:45-12:30 Lunch 12:30 Bridge 12:30 Conversational Italian 12:30 Tablet Class 12:30 Quilting + Club</p>	<p>25 8:30-4 Fitness Room Open 9 Pickleball 9-3:30 Puzzle Mania 9 DVD Art Lesson, \$1 9:30 Hand & Foot 9:30 Pinochle 10-11:30 Marie’s Painting Class 10:30 Mahjongg 11:45-12:30 Lunch 12:45 Chair Yoga, \$5</p> <p><i>Member Appreciation Dinner with David Aman and Hot Sauce, 5—7!!!</i></p>	<p>26 8-4 Fitness Room Open 9-10 Tai Chi, \$ 9-3:30 Puzzles / Pinochle 10-12:30 Marina’s Drawing & Painting Class, \$20 10-1:30 Bingo, \$3 11:45-12:30 Lunch 12 L’nL: Water Video (tbd) 12:30-4 Poker Club 12:30 Tablet Class 12:30 Knitting Club 2-3:30 Computers w/Pepe</p>	<p>27 8-4 Fitness Room / Puzzles 9 Pickleball 10 Choptank Riverboat Luncheon Cruise, Hurlock, MD, \$45! MUST pay at Sign Up! 10:15 Chair Yoga, \$5 11:45-12:30 Lunch 12:30 Woodcarvers+ Club 12:30 Dominoes 12:30 Hand & Foot 1-2 Line Dancing, 3 2:30-3:30 Parkinson’s Exercise</p>	<p>28 8-4 Fitness Room 9-3:30 Puzzle Mania 9-10:15 Yoga, \$5 (all levels) 9:30 Kayak Outing with Coastal Kayak & Picnic Lunch, \$28! 10:30 Zumba Gold, \$5 10:30 Drop In Mahjongg 11:45-12:30 Lunch 12:30-3:30 Spades 12:30-4 Poker</p> <p><i>JULY—Coastal Cheer!</i></p>

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