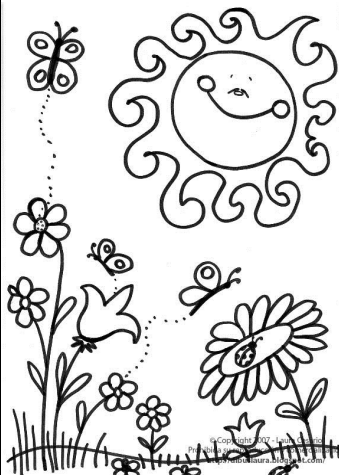


# Long Neck May 2019 Activities Calendar

	Wednesday	Thursday	Friday	
<p><i>The Meaning of Memorial Day:</i></p> <p><i>Memorial Day is a day when those who died in active military service are remembered, traditionally observed on May 30 but now officially observed on the last Monday in the month of May.</i></p> <p><i>Memorial Day was formally known as <u>Decoration Day</u>.</i></p>		<p>1</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 Michigan Rummy 10 Bus available to go to Pool <b>10:30 Membership 50/50 Raffle</b> 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>2</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA 9:30 Trip to Springfest in Ocean City MD. 10 Bus available to go to Pool 10:00 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>3</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab 1-2 Parkinson Dance</p>
<p>6</p> <p>8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Trip to Wal-Mart 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer Use in Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>7</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA <b>9:30 Thrift Shop Surprise Trip</b> 10:15 Tai Chi 12 Lunch 12:00 Bible Study with Ruth Thomas 1 Mahjongg 1 Memory Café</p>	<p>8</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Michigan Rummy 10 Bus Available to go to Pool <b>10:00 Membership Breakfast</b> <b>10:30 Membership 50/50 Raffle</b> <b>10:30 Membership Meeting</b> <b>No Bingo Today</b> 12 Lunch 1 Bunco 1 Crafts and Chat in Library 4:30-7:30 Prize Bingo/Dinner</p>	<p>9</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA <b>9:30 Kmart and THAT store in Rehoboth</b> 10 Bus Available to go to Pool 10:00 Wii Bowling 10:15 Tai Chi 10:15 Wii Bowling 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>10</p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10 CHEER and LaRed Ribbon Cutting 10:30 Penny Bingo 12 Lunch 12:30 Sussex County Mass Choir performs 12-4 Open Computer Lab 1-2 Parkinson Dance</p>

**May is Older American's Month and lunches are only \$1 for everyone over the age of 60!**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>13 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Weight Watchers Weigh-In #2 <u>9:30 Trip to Walmart</u> 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer use/Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords <u>5-7 Dinner Club to Applebee's</u></p>	<p>14 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch <u>9:00 Trip to Sysco Cash and Carry store in Pocomoc, MD for their Senior Day Discount Day!</u> 1 Mahjongg 1:00 Memory Café</p>	<p>15 <b>Older American's Day Center Party today w/refreshments. Engage at Every Age Story Sharing at 12:30. Share your Life History and Photos.</b> 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 Michigan Rummy <i>10 Bus available to go to Pool</i> <b>10:30 Membership 50/50 Raffle</b> 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library <b>1 Bank, PO, Pharm., Grocery</b></p>	<p>16 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Wii Bowling 10:15 Tai Chi <u>10:30-11:30 \$tand by ME 50+ Financial Planning Presentation Navigate Your Retirement!</u> <u>Followed by financial coaching</u> 12 Lunch 12-4 Open Computer Lab <i>1 Blind SIGHT Delaware Mtg.</i></p>	<p>17 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12:30 Movie Day with an Ice Cream Social 12-4 Open Computer Lab 1-2 Parkinson Dance</p>
<p>20 8 Gym Opens 8 Morning Chat 9:00 Knitting, Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 <u>9:30 Trip to the Vietnam Veteran's Moving Wall at the Ferry Terminal, Lewes</u> 12 Lunch followed Penny Bingo</p>	<p>21 8 Gym Opens 8 Morning Chat 8-4 Open Computer/Library 8 Texercise 9 ZUMBA <u>9:30 Trip to the Sea Shell Shop</u> 10:15 Tai Chi 10:30-Noon Meeting for AARP Local Chapter within the Library 12 Lunch 1 Mahjongg</p>	<p>22 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 Michigan Rummy <i>10 Bus available to go to Pool</i> 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library <b>1 Bank, PO, Pharm., Grocery</b> <b>4:30-7:30 Dinner with Paint Night with Kathy Fessenbecker</b></p>	<p>23 8 Gym Opens 8 Morning Chat 8 Texercise 9 ZUMBA <u>9:30 Trip to Walmart- We switched the Monday trip so we can visit the Veteran's Wall this past Monday</u> 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>24 <b><u>Older American's Day Celebration at the CHEER Community Center in Georgetown. You Can Purchase Your ticket at the Long Neck CHEER Center.</u></b></p>
<p>27 <b>Center is Closed For Memorial Day!</b></p> 	<p>28 8 Gym Opens 8 Morning Chat 8-4 Open Computer/Library 8 Texercise 9 ZUMBA <u>9:30 Trip to Rehoboth Boardwalk.</u> 10:15 Tai Chi 12 Lunch 1 Mahjongg 1:00 Memory Café</p>	<p>29 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 Michigan Rummy <i>10 Bus available to go to Pool</i> <b>10:30 Membership 50/50 Raffle</b> 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library</p>	<p>30 8 Gym Opens 8 Morning Chat 8 Texercise 9 ZUMBA <u>9:30 Trip to Bylers and Produce Junction</u> 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>31st Last Day of May! 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club <u>9:30 Trip to Connelly's Thrift Shop</u> 10:30 Penny Bingo 12 Lunch 1-2 Parkinson Dance</p>