



Long Neck January 2019 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spread <i>love</i> everywhere you go. Let no one ever come to you without leaving <i>happier</i>. -Mother Teresa</p>	<p>1 <u>Center Closed</u></p> 	<p>2 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 10 Bus available to go to Pool 10:30 Membership 50/50 Raffle 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>3 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA 10 Bus available to go to Pool 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>4 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab</p>
<p>7 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Trip to Wal-Mart 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer Use in Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>8 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch 1 Mahjongg 1 Memory Café</p>	<p>9 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 8:30 Eye Exams by Lewes Lions Club in Library 10 Bus Available to go to Pool 10:00 Sausage Gravy and Biscuit Breakfast 10:30 Membership 50/50 Raffle 11:15 Membership Meeting 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>10 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA 10 Bus Available to go to Pool 10:15 Tai Chi 10:15 Wii Bowling 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>11 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab</p>

2019 Holiday Closings

Tuesday, January 1st-New Year's Day
 Monday, January 21st-Martin Luther King Day
 Monday, February 18th-Presidents Day
 Friday, April 19th-Good Friday
 Monday, May 27th-Memorial Day

Thursday, July 4th-Independence Day
 Monday, September 2nd-Labor Day
 Thursday, November 28th-Thanksgiving Day
 Friday, November 29th-Day After Thanksgiving
 Wednesday, December 25th-Christmas Day

Monday	Tuesday	Wednesday	Thursday	Friday
<p>14 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Weight Watchers Weigh-In #2 10 Trip to Walmart 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer Use in Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>15 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch 1 Mahjongg 1:00 Memory Café</p>	<p>16 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise <i>10 Bus available to go to Pool</i> 10:30 Membership 50/50 Raffle 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>17 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 9:30 Trip to Dover Mall & Red Lobster \$1 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab <i>1 Visually Impaired Support Group</i> 1 Nickel Poker</p>	<p>18 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab 12:30 CHEER Nutrition w/Ruth Thomas TOPIC: Vitamin B-12</p>
<p>21 Center Closed</p> 	<p>22 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch 1 Mahjongg 1:00 Memory Café</p>	<p>23 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise <i>10 Bus available to go to Pool</i> 10:30 Membership 50/50 Raffle 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>24 8 Gym Opens 8 Morning Chat 8 Texercise 9 ZUMBA 9:30 Trip to Bylers Market & Produce Junction \$4 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>25 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 9:30 AARP Defensive Driving Course (BASIC) 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab</p>
<p>28 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Trip to Wal-Mart 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 12 Lunch 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>29 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch 1 Mahjongg 1:00 Memory Café</p>	<p>30 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise <i>10 Bus available to go to Pool</i> 10:30 Membership 50/50 Raffle 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>31 8 Gym Opens 8 Morning Chat 8 Texercise 9 ZUMBA 9:30 Trip to Salisbury Mall, Entenmanns & Golden Corral \$1 10:15 Wii Bowling 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>The Long Neck CHEER Center</p> <p>Phone: 302-945-3551 Fax: 302-945-9465 Website: cheerde.com</p>