




# Long Neck CHER Activity Center

## February 2019 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Buy a <b>Red Heart</b> (for <i>Heart Health Month</i>) or a <b>Pink Heart</b> (for <i>Valentine's Day</i>)!  <b>\$1 Per Heart</b></p>			<p><b>1 Wear Red Day</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 Quilting Club              10:30 Penny Bingo              12 Lunch              12-4 Open Computer Lab              1 Trip to Bank, PO, Pharmacy, &amp; Grocery Store</p>
<p><b>4</b>              8 Gym Opens              8 Morning Chat              8:30 Weight Watchers Weigh-In #1              9:30 Weight Watchers Meeting #1              9:00 Knitting and Crocheting Club              10 Weight Watchers Weigh-In #2              10:30 Weight Watchers Meeting #2              10 Trip to Wal-Mart              12 Lunch              1 Penny Bingo              1 LaRed Health Services              1:30 Table Tennis              2:30 UpWords</p>	<p><b>5</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 ZUMBA              10:15 Tai Chi              12 Lunch  <b>1 Mahjonn</b>              1:00 Memory Café</p>	<p><b>6</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use              8 Texercise  <i>10:30 Trip to Sussex Academy Pool</i>  <i>10:30 Membership 50/50 Raffle</i>              10:30 Prize Bingo              12 Lunch              1 Bunco              1 Crafts and Chat in Library</p>	<p><b>7</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 ZUMBA  <b>9:30 Ollies &amp; Lunch at Red Lobster in Dover \$1</b>              10:15 Tai Chi              12 Lunch              12-4 Open Computer Lab              1 Nickel Poker</p>	<p><b>8 Wear Red Day</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 Quilting Club (<i>in Library</i>)  <b>9:00 AARP Tax Aide-By Appointment Only. See Front Desk for Appointment</b>              10:30 Penny Bingo              12 Lunch              12-4 Open Computer Lab              1 Trip to Bank, PO, Pharmacy, &amp; Grocery Store</p>
<p><b>11</b>              8 Gym Opens              8 Morning Chat              8:30 Weight Watchers Weigh-In #1              9:30 Weight Watchers Meeting #1              9:00 Knitting and Crocheting Club              10 Weight Watchers Weigh-In #2              10:30 Weight Watchers Meeting #2              10 Trip to Wal-Mart              12 Lunch              1 Penny Bingo              1:30 Table Tennis              2:30 UpWords</p>	<p><b>12</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 ZUMBA              9:30 Peddler's Alley              10:15 Tai Chi              12 Lunch  <b>1 Mahjonn</b>              1:00 Memory Café</p>	<p><b>13</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use              8 Texercise  <i>10:30 Trip to Sussex Academy Pool</i>  <i>10:30 Membership 50/50 Raffle</i>  <b>10:30 "Be My Valentine" Prize Bingo with Valentine Theme Prizes (\$0.50 cents per card)</b>              12 Lunch              1 Bunco              1 Crafts and Chat in Library</p>	<p><b>14</b>              8 Gym Opens              8 Morning Chat              8 Texercise              9 ZUMBA              10:30 Valentines Party              Entertainment: The Bay Tones              10:15 Tai Chi              12 Lunch              12-4 Open Computer Lab  <i>1 Visually Impaired Support Group</i>              1 Nickel Poker</p>	<p><b>15</b>              8 Gym Opens              8 Morning Chat              8-4 Open Computer Use in Library              8 Texercise              9 Quilting Club (<i>in Library</i>)              10:30 Penny Bingo  <b>9:00 AARP Tax Aide-By Appointment Only. See Front Desk for Appointment</b>              12 Lunch              12-4 Open Computer Lab              1 Trip to Bank, PO, Pharmacy, &amp; Grocery Store</p>

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## February 2019 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="font-size: 1.5em; font-weight: bold; margin-top: 20px;">ALL CENTERS CLOSED</p>	<p><b>19</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA <b>9:30 Trip to Wal-Mart</b> 10:15 Tai Chi 12 Lunch <b>1 Mahjongg</b> 1:00 Memory Café</p>	<p><b>20</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise <i>10 Trip to Sussex Academy Pool</i> <i>10:30 Membership 50/50 Raffle</i> 10:30 Prize Bingo 12 Lunch 12:30 - Ice Cream Social 1 Bunco 1 Crafts and Chat in Library</p>	<p><b>21</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA <b>9:30 Trip to Harbour Lights CHEER</b> 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p><b>22</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club (<i>in Library</i>) <b>9:00 AARP Tax Aide-By Appointment Only. See Front Desk for Appointment</b> 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab 1 Trip to Bank, PO, Pharmacy, &amp; Grocery Store</p>
<p><b>25</b></p> <p>8 Gym Opens 8 Morning Chat 8:30 Weight Watchers Weigh-In #1 9:30 Weight Watchers Meeting #1 9:00 Knitting and Crocheting Club 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 10 Trip to Wal-Mart 12 Lunch 1 Penny Bingo 1 LaRed Health Services 1:30 Table Tennis 2:30 UpWords</p>	<p><b>26</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch <b>1 Mahjongg</b> 1:00 Memory Café</p>	<p><b>27</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise <i>10 Trip to Sussex Academy Pool</i> <i>10:30 Membership 50/50 Raffle</i> 10:30 Prize Bingo 12 Lunch 12:30 Popcorn &amp; Movie 1 Bunco 1 Crafts and Chat in Library</p>	<p><b>28</b></p> <p>8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA 10:15 Tai Chi 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	



Now Scheduling Appointments for Tax  
 Preparation with AARP  
 Available Starting Friday Feb. 9th,  
 Every Friday in March, and the first  
 two Fridays in April!  
 Call or stop in today to make your appointment!

