

# Long Neck December 2018 Activities Calendar

Monday

Tuesday

Wednesday

Thursday

Friday



<p>3 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Trip to Wal-Mart 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer Use in Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>4 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA <i>10 Bus available to go to Pool</i> 10:15 Tai Chi 12 Lunch 1 Mahjongg 1:00 Memory Café</p>	<p>5 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise <i>10 Bus available to go to Pool</i> <b>10:30 Membership 50/50 Raffle</b> 10:30 Prize Bingo 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery</p>	<p>6 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA <i>10 Bus available to go to Pool</i> 10:15 Wii Bowling 10:15 Tai Chi 11:00 Food Skills 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker <b>Trip to Winterfest of Lights in Ocean City MD</b> 4:30pm \$6 Dinner at Cottage Cafe</p>	<p>7 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab</p>
<p>10 8 Gym Opens 8 Morning Chat 9:00 Knitting and Crocheting Club 8:30 Weight Watchers Weigh-In 9:30 Weight Watchers Meeting 10 Trip to Wal-Mart 10 Weight Watchers Weigh-In #2 10:30 Weight Watchers Meeting #2 12 Lunch 12-4 Open Computer Use in Library 1 Penny Bingo 1:30 Table Tennis 2:30 UpWords</p>	<p>11 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 ZUMBA <b>9:30 Trip to Dover Mall &amp; Olive Garden \$1</b> 10:15 Tai Chi 12 Lunch 1 Mahjongg 1 Memory Café</p>	<p>12 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise <i>10 Bus Available to go to Pool</i> 10:00 Breakfast <b>10:30 Membership 50/50 Raffle</b> <b>11:15 Membership Meeting</b> 12 Lunch 1 Bunco 1 Crafts and Chat in Library 1 Bank, PO, Pharm., Grocery <b>Volunteer Christmas Party</b> 5:00 p.m. - 7:00 p.m.</p>	<p>13 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use 8 Texercise 9 ZUMBA <i>10 Bus Available to go to Pool</i> 10:15 Tai Chi 10:15 Wii Bowling 11:00 Food Skills 12 Lunch 12-4 Open Computer Lab 1 Nickel Poker</p>	<p>14 8 Gym Opens 8 Morning Chat 8-4 Open Computer Use in Library 8 Texercise 9 Quilting Club 10:30 Penny Bingo 12 Lunch 12-4 Open Computer Lab</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>17</b>            8 Gym Opens            8 Morning Chat            9:00 Knitting and Crocheting Club            8:30 Weight Watchers Weigh-In            9:30 Weight Watchers Meeting            10 Weight Watchers Weigh-In #2            10 Trip to Walmart            10:30 Weight Watchers Meeting #2            12 Lunch            12-4 Open Computer Use in Library            1 Penny Bingo            1:30 Table Tennis            2:30 UpWords</p>	<p><b>18</b>            8 Gym Opens            8 Morning Chat            8-4 Open Computer Use in Library            8 Texercise            9 ZUMBA            10:15 Tai Chi            12 Lunch  <b>12:30 Trip to CCC for Glee club Christmas Concert \$1</b>            1 Mahjongg            1:00 Memory Café</p>	<p><b>19</b>            8 Gym Opens            8 Morning Chat            8-4 Open Computer Use in Library            8 Texercise  <b>10 Christmas Party Celebrating with The Bay Tones</b>  <b>10:30 Membership 50/50 Raffle</b>            12 Lunch            1 Bunco            1 Bank, PO, Pharm., Grocery</p>	<p><b>20</b>            8 Gym Opens            8 Morning Chat            8-4 Open Computer Use in Library            8 Texercise            9 ZUMBA            10:15 Wii Bowling            10:15 Tai Chi            11 Food Skills            12 Lunch            12-4 Open Computer Lab  <i>1 Visually Impaired Support Group</i>            1 Nickel Poker</p>	<p><b>21</b>            8 Gym Opens            8 Morning Chat            8-4 Open Computer Use in Library            8 Texercise            9 Quilting Club            10:30 Penny Bingo            12 Lunch            12-4 Open Computer Lab</p>
<p><b>24</b>            8 Gym Opens            8 Morning Chat            9:00 Knitting and Crocheting Club            8:30 Weight Watchers Weigh-In            9:30 Weight Watchers Meeting            10 Trip to Wal-Mart            10 Weight Watchers Weigh-In #2            10:30 Weight Watchers Meeting #2            12 Lunch            1 Penny Bingo            1:30 Table Tennis            2:30 UpWords</p>	<p><b>25</b>  <b>Center Closed</b>  <b>Merry Christmas</b></p> 	<p><b>26</b>            8 Gym Opens            8 Morning Chat            8 Texercise            12 Lunch            1 Bunco            1 Crafts and Chat in Library</p>	<p><b>27</b>            8 Gym Opens            8 Morning Chat            8 Texercise            9 ZUMBA  <b>9:30 Trip to Bylers Market &amp; Produce Junction \$4</b>            10:15 Wii Bowling            10:15 Tai Chi            12 Lunch            12-4 Open Computer Lab            1 Nickel Poker            1 Bank, PO, Pharm., Grocery</p>	<p><b>28</b>            8 Gym Opens            8 Morning Chat            8-4 Open Computer Use in Library            8 Texercise            9 Quilting Club            10:30 Penny Bingo            12 Lunch            12-4 Open Computer Lab</p>
<p><b>31</b>            8 Gym Opens            8 Morning Chat            9:00 Knitting and Crocheting Club            8:30 Weight Watchers Weigh-In            9:30 Weight Watchers Meeting            10 Trip to Wal-Mart            10 Weight Watchers Weigh-In #2            10:30 Weight Watchers Meeting #2            12 Lunch            1 Penny Bingo            1:30 Table Tennis            2:30 UpWords</p>			<p> <b>Find us on Facebook</b></p> <p><b>Search: 'The Long Neck CHEER Center'</b></p> <p>Director: Lori V. Workman            Phone: 302-945-3551            Fax: 302-945-9465            Email: <a href="mailto:lworkman@cheerde.com">lworkman@cheerde.com</a>            Website: <a href="http://cheerde.com">cheerde.com</a></p>	