
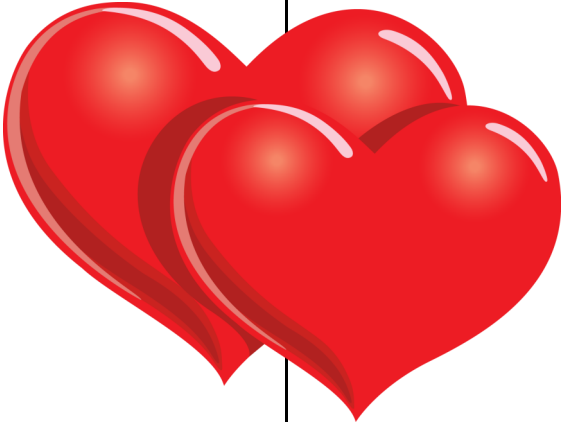


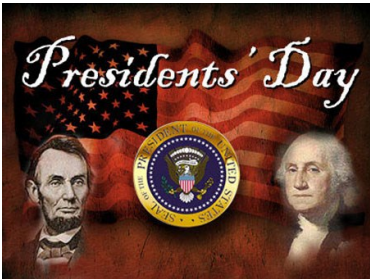



February 2019

34211 Woods Edge Drive  
Lewes, DE 19958  
302.645.9239

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 8:30 Fitness Center Opens 9:00 Morning Chat <b>9:00 Open Computer Lab</b> 9:30 Puzzle Corner <b>9:30 Memory Café</b> 10:00 Skip Bo <b>9:45 Thrifting with Kelley</b> 11:30 Lunch <b>12:00 Forever Young Member Appreciation</b> <b>12:00 Forever Young Membership Meeting</b> 12:30 Bingo 12:30 Mahjongg</p>
<p>4 8:30 Fitness Center Opens <b>8:30 Texercise</b> <b>9:00 Open Computer Lab</b> 9:00 Morning Chat 9:30 Puzzle Corner 10:15 Skip Bo <b>9:45 and That!</b> 11:30 Lunch <b>12:30 Bingo</b> 1:30-4:00 Wii Games, Fitness Center, &amp; Walking Club</p>	<p>5 8:30 Fitness Center Opens 9:00 Morning Chat <b>9:00 Open Computer Lab</b> <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner <b>9:45 Trip to Bank, P.O., Drugstore, &amp; Grocery Store</b> 10:00 Skip Bo 11:30 Lunch <b>12:30 Lewes Public Library</b> 12:30 Rummikub 12:30 Hand &amp; Foot 12:30 Bingo 1:30-4:00 Dominoes, &amp; Cribbage</p>	<p>6 8:30 Fitness Center Opens 9:00 Morning Chat <b>9:00 Open Computer Lab</b> 9:30 Puzzle Corner <b>9:30 Bowling League, Shopping, &amp; Dining Out \$6 or \$4</b> <b>10:00 Zumba \$5</b> <b>10:30 Tech Hour with Crissy</b> <b>10:30 Kings in a Corner</b> 11:30 Lunch <b>12:00 Brain Teasers</b></p>	<p>7 8:30 Fitness Center Opens <b>8:30 Texercise</b> <b>9:00 Open Computer Lab</b> 9:00 Morning Chat <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner 9:30 Skip Bo <b>10:00 Christiana Care with Preventing Falls in Everyday Life</b> 11:30 Lunch 12:30 Bingo <b>12:30 Hand and Foot</b> <b>3:00 LOUDCrowd</b></p>	<p>8 8:30 Fitness Center Opens 9:00 Morning Chat <b>9:00 Open Computer Lab</b> 9:30 Puzzle Corner <b>9:30 Memory Café</b> <b>10:00 Wal-Mart &amp; Dollar Tree</b> 10:00 Skip Bo 11:30 Lunch 12:30 Bingo <b>12:30 Mahjongg</b> 1:30-4:00 Cards &amp; Board Games</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11 8:30 Fitness Center Opens <b>8:30 Texercise</b> <b>9:00 Open Computer Lab</b> 9:00 Morning Chat <b>9:30 Aldi's, Camden Wal-Mart, &amp; Cheddars</b> 10:15 Skip Bo 11:30 Lunch <b>12:00 Crafts with Crissy</b> 12:30 Bingo 1:30-4:00 Wii Games, Fitness Center, &amp; Walking Club</p> 	<p>12 8:30 Fitness Center Opens 9:00 Morning Chat <b>9:00 Open Computer Lab</b> <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner <b>10:00 Trip to Bank, P.O., Drugstore, &amp; Grocery Store</b> 10:00 Skip Bo 11:30 Lunch <b>12:00 Fire Safety with Mike Lowe</b> 12:30 Rummikub 12:30 Hand &amp; Foot 12:30 Bingo 1:30-4:00 Dominoes, &amp; Cribbage</p>	<p>13 8:30 Fitness Center Opens <b>9:00 Open Computer Lab</b> 9:00 Morning Chat 9:30 Puzzle Corner <b>9:30 Bowling League, Shopping, &amp; Dining Out \$6 or \$4</b> <b>10:00 Zumba \$5</b> <b>10:30 Tech Hour with Crissy</b> <b>10:30 Kings in a Corner</b> 11:30 Lunch <b>12:00 Brain Teasers</b></p>	<p>14 8:30 Fitness Center Opens <b>8:30 Texercise</b> <b>9:00 Open Computer Lab</b> 9:00 Morning Chat <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner <b>10:00 Valentines Day Celebration</b> <b>10:30 Entertainment provided by Guillermo</b> <b>10:30 Wii Bowling</b> 11:30 Lunch <b>12:00 Movie Trivia</b> 12:30 Bingo <b>12:30 Hand and Foot</b> <b>3:00 LOUDCrowd</b></p>	<p>15 8:30 Fitness Center Opens <b>9:00 Open Computer Lab</b> 9:00 Morning Chat 9:30 Puzzle Corner <b>9:30 Memory Café</b> 10:00 Skip Bo <b>10:30 Vitamin B12 with Ruth Thomas</b> 11:30 Lunch 12:30 Bingo <b>12:30 Mahjonn</b> 1:30-4:00 Cards &amp; Board Games</p> 
<p>18</p> <p style="text-align: center;"><b>President's Day Center Closed</b></p> 	<p>19 8:30 Fitness Center Opens <b>9:00 Open Computer Lab</b> 9:00 Morning Chat <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner <b>9:30 Dover Mall &amp; Produce Junction Lunch at the Food Court</b> 10:00 Skip Bo 11:30 Lunch 12:30 Rummikub 12:30 Hand &amp; Foot <b>1:00 AARP Defensive Driving Course</b></p>	<p>20 8:30 Fitness Center Opens <b>9:00 Open Computer Lab</b> 9:00 Morning Chat 9:30 Puzzle Corner <b>9:30 Bowling League, Shopping, &amp; Dining Out \$6 or \$4</b> <b>10:00 Zumba \$5</b> <b>10:30 Tech Hour with Crissy</b> <b>10:30 Kings in a Corner</b> 11:30 Lunch <b>12:00 Brain Teasers</b></p> 	<p>21 8:30 Fitness Center Opens <b>8:30 Texercise</b> <b>9:00 Open Computer Lab</b> 9:00 Morning Chat <b>9:00 Light Breakfast</b> 9:30 Puzzle Corner <b>9:30 Long Neck CHEER Center visiting</b> <b>10:30 Wild Crafting for Cold &amp; Flu Relief with Dr. Pollio</b> <b>10:30 Wii Bowling</b> 11:30 Lunch <b>12:30 FREE Prize Bingo</b> <b>12:30 Hand and Foot</b> <b>3:00 LOUDCrowd</b></p>	<p>22 8:30 Fitness Center Opens <b>9:00 Open Computer Lab</b> 9:00 Morning Chat 9:30 Puzzle Corner <b>9:30 Memory Café</b> <b>9:45 Trip to Bank, P.O., Drugstore, &amp; Grocery Store</b> 10:00 Skip Bo 11:30 Lunch <b>12:00 Forever Young Ice Cream Social</b> <b>12:30 Prize Bingo</b> <b>12:30 Mahjonn</b> 1:30-4:00 Cards &amp; Board Games</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>25  8:30 Fitness Center Opens  <b>8:30 Texercise</b>  <b>9:00 Open Computer Lab</b>  9:00 Morning Chat  <b>9:45 Mystery Trip</b>  10:00 Skip Bo  11:30 Lunch  12:30 Bingo  <b>12:30 Crafts with Crissy</b>  1:30-4:00 Wii Games,  Fitness Center, &amp;  Walking Club</p>	<p>26  8:30 Fitness Center Opens  9:00 Morning Chat  <b>9:00 Open Computer Lab</b>  <b>9:00 Light Breakfast</b>  9:30 Puzzle Corner  <b>9:45 Wal-Mart &amp; Dollar Tree</b>  10:00 Skip Bo  11:30 Lunch  12:30 Rummikub  12:30 Hand &amp; Foot  12:30 Bingo  1:30-4:00 Dominoes, &amp;  Cribbage</p>	<p>27  8:30 Fitness Center Opens  <b>9:00 Open Computer Lab</b>  9:00 Morning Chat  9:30 Puzzle Corner  <b>9:30 Bowling League, Shopping, &amp; Dining Out \$6 or \$4</b>  10:00 Zumba \$5  10:30 Tech Hour with Crissy  <b>10:30 Kings in a Corner</b>  11:30 Lunch  12:00 Brain Teasers  12:30</p>	<p>28  8:30 Fitness Center Opens  <b>8:30 Texercise</b>  <b>9:00 Open Computer Lab</b>  9:00 Morning Chat  <b>9:00 Light Breakfast</b>  9:30 Puzzle Corner  9:30 Skip Bo  <b>10:00 Trip to Bank, P.O., Drugstore, &amp; Grocery Store</b>  11:30 Lunch  12:30 Bingo  <b>12:30 Hand and Foot</b>  <b>3:00 LOUDCrowd</b></p>	



*“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”*