




Greenwood CHEER Activity Center “Home Away From Home”

SEPTEMBER 2019

Phone: 349-5237






LUNCH LOTTERY MONTH

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>CENTER CLOSED</p> 	<p>3</p> <p>Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:00 Walking Club 10:30 Milton CHEER here for lunch & Bingo 11:30 Lunch 12:15 Shopping Trip</p>	<p>4</p> <p>8:00 Fitness Center Opens 9:00 Hot Breakfast 9:00 Morning Chat 9:30 “Walk Away the Pounds” 10:30 Wanda’s Corner 11:30 Lunch 12:15 Bus departs for Milford Bowling Lanes 12:30 “Luncheon Card Club”</p>	<p>5</p> <p>8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:00 Cell Phone 101 and Computer Class with Chris 10:30 Penny Bingo 11:30 Lunch 12:30 Food Lion Shopping & Walgreens in Bridgeville 1:00 Memory Café 1:00 Alzheimer's Caregivers Support Group</p>	<p>6</p> <p>TRAP POND</p>  <p>CENTER CLOSED See Fran for Ticket Purchase</p>
<p>9</p> <p>Post Office & Bank 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 9:00 Blood Pressure Screening Card Games 10:30 Bible Study 11:30 Lunch 12:00 AARP Refresher Driving Class 12:30 “Luncheon Card Club” Hand & Foot 12:30 Jackpot Game</p>	<p>10</p> <p>Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:30 “Lunch Bunch” Lunch at Rudy’s Family Restaurant in Harrington and shopping at Bylers 10:00 Walking Club 11:30 Lunch</p> 	<p>11</p> <p>8:00 Fitness Center Opens 9:00 Hot Breakfast 9:00 Morning Chat 9:30 “Walk Away the Pounds” 10:30 Positive Music Time with Randy 11:30 Lunch 12:15 Bus departs for Milford Bowling Lanes 12:30 “Luncheon Card Club”</p>	<p>12</p> <p>8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:00 Cell Phone 101 and Computer Class with Chris 11:30 Lunch 12:30 Food Lion Shopping & Walgreens in Bridgeville 1:00 Memory Café</p> <p>5:00 p.m. Membership Dinner Entertainment by The Jones Boys</p> <p>Don’t Forget to Renew Your Membership by Oct 1st</p>	<p>13</p> <p>8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Hot Breakfast 10:00 Wii Bowling 10:30 Speaker Hanna Goss, RN “Fall Prevention” 11:30 Lunch 12:30 “Life Smatters” Robin Miller from the Greenwood Library</p>

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<p>16 Post Office & Bank 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:30 Bible Study 11:30 Lunch 12:00 Luncheon Card Club 12:30 Jackpot Game</p>	<p>17 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 9:00 Hospice Support Group for Men 10:30 Presentation by Barbara from Nemours Health Clinic. “Information on the Eye, Hearing and Dental Clinic in Milford” 11:30 Lunch 5:00 pm Red Lobster Dover</p>	<p>18 9:00 Fitness Center Opens 9:00 Morning Chat 9:00 Hot Breakfast 9:30 “Walk Away the Pounds” 10:00 Wii Bowling 10:30 Speaker Fran Burnham—First State Community Action Senior Employment Program 11:30 Lunch 12:15 Bus departs for Milford Bowling Lanes 12:30 “Luncheon Card Club”</p>	<p>19 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:00 Cell Phone 101 and Computer Class with Chris 10:30 Prize Bingo & Guests from Georgetown CHEER 11:30 Lunch 12:30 Shopping at Walgreens & Food Lion in Bridgeville 1:00 Memory Café</p>	<p>20 8:00 Fitness Center Opens 8:30 Hot Breakfast 9:00 Morning Chat 9:30 OWL (Older & Wiser Living) Program—Greenwood Library 10:00 Wii Bowling 11:30 Lunch 12:00 Paint Day with Judy 12:15 Penny Bingo</p> 
<p>23 Post Office & Bank 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 9:30 Card Games 10:30 Bible Study 11:30 Lunch 12:30 “Luncheon Card Club” Hand & Foot 12:30 Jackpot Game</p>	<p>24 Beach Day Rehoboth CENTER CLOSED</p> 	<p>25 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Hot Breakfast 9:30 “Walk Away the Pounds” 10:30 Wanda’s Corner 11:30 Lunch 12:00 pm Guest Speaker Kathy McGinnis, Delaware State Auditor 12:15 Bus departs for Milford Bowling Lanes 12:30 “Luncheon Card Club”</p>	<p>26 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 10:00 Cell Phone 101 and Computer Class with Chris 10:30 Speaker Nancy Crass RN Medication Safety & Safe Medication Disposal 11:30 Lunch 12:30 Shopping at Walgreens & Food Lion in Bridgeville 1:00 Memory Café</p> <p>5:00 p.m. Spaghetti Dinner Quarter Auction BRING YOUR QUARTERS</p>	<p>27 8:00 Fitness Center Opens 9:00 Hot Breakfast 9:00 Morning Chat 10:30 Entertainment by the Sunshine Singers 11:30 Lunch 12:30 Membership Meeting</p> <p>Members—Bring a guest for lunch and they eat free</p> 

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Mon	Tue	Wed	Thu	Fri
<p>30 Post Office & Bank 8:00 Fitness Center Opens 9:00 Morning Chat 9:00 Breakfast Snacks 9:30 Card Games 10:30 Bible Study 11:30 Lunch 12:30 “Luncheon Card Club” Hand & Foot 12:30 Jackpot Game</p>		<p>Greenwood CHEER First Annual Car Show Flea Market & Craft Sale</p> <p style="color: red;">Saturday, September 7th</p> <p>10:00 am to 2:00 pm</p> <p style="color: red;">Registration Forms Available \$15.00 for space</p>		<p>September</p> <p>Lunch Lottery all month for members</p> <p>Bring a guest on Friday, September 27th and they eat free</p> <p>Sunshine Singers Perform</p>

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 ★ Suggested Lunch Donation
 ★ \$3.00 for those 60 +
 ★ There is a \$1 trip donation when
 ★ you ride the bus. Please give the
 ★ money to the bus driver when you
 ★ board the bus.
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 ★ Bowling in Milford
 ★ Bus departs at 12:15 pm
 ★ Wednesdays
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